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Florence THIBAUT

Professor of Psychiatry
University Hospital Cochin, Paris
Paris Descartes University
INSERM U 894, Psychiatry and
Neurosciences Centre
Paris, France



Biography

Florence THIBAUT, MD, PhD, is Professor of Psychiatry at the University Hospital Cochin Paris, Paris Descartes University, France. Her main interests are in the search for candidate genes in schizophrenia and addictive disorders and in antiandrogen treatment of paraphilias. She is also investigator in many clinical and pharmaceutical studies. Member of INSERM U 894 CPN, Paris V. She is Past President of the French Association for Biological Psychiatry. She is Past President of the World Federation of Societies of Biological Psychiatry. She is author or coauthor of more than 180 papers (115 in PubMed), 4 books (genetics of schizophrenia and psychiatric aspects of deviant sexual disorders, neurosciences in psychiatry, sexual abuse) and 58 books chapters. She was an invited speaker in many national and international meetings (more than 400 communications including about 20 lectures). She has coordinated several national and international congresses. Coordinator or co-author of several national and international guidelines. Psychiatrist and Endocrinologist, PhD in Neurosciences.

Other Honors


- **President of the World Federation of Societies for Biological Psychiatry 2009-2013**
- **President of the French Society for Biological Psychiatry 2008-2010**
- Member of the following societies : International Brain Research Organization Society ,
WFSBP, French speaking Society for Neuroscience
- Reviewer (Am J Psy, Arch Gen Psy, Biol Psy, Schizo Res ...)
- Member of the Editorial Board : World journal of Biological Psychiatry
- Organization of national and international congresses (WFSBP meetings, European meetings...) (2 or 3 per year)
- **180 publications (115 in PubMed) and 58 books chapters, 4 books.**
- **Communications during national or international meetings (about 400). Invited speaker (115) and Lectures (about 20).**

Research Interests

- ✚ Candidate genes in schizophrenia
- ✚ Addictive disorders
- ✚ Antiandrogen treatment of paraphilias

Addictive Disorders





Addiction is a state that is characterized by either compulsive drug use or compulsive engagement in rewarding behavior, despite adverse consequences.

Addiction can also be defined as a chronic brain disease or a terminal illness

Three different terms used to define Substance-related Addictive Disorders:

➤ **Substance abuse**

Substance abuse is an addictive disorder that describes a pattern of substance (usually drug or alcohol) use leading to significant problems or distress, such as failure to attend school, substance use in dangerous situations (eg, driving a car), substance-related legal problems or continued substance use that interferes with friendships and/or family relationships. Substance abuse, as a disorder, refers to the abuse of illegal substances or the abusive use of legal substances. Alcohol is the most common legal drug to be abused.

➤ **Substance dependence**

Substance dependence is an addictive disorder that describes continued use of drugs or alcohol, even when significant problems related to their use have developed.

➤ **Chemical dependence**

Chemical dependence is also an addictive disorder that describes the compulsive use of chemicals (usually drugs or alcohol) and the inability to stop using them despite all the problems caused by their use.

Substances frequently abused :

- ✚ Alcohol
- ✚ Marijuana
- ✚ Hallucinogens
- ✚ Cocaine
- ✚ Amphetamines
- ✚ Opiates
- ✚ Anabolic steroids
- ✚ Inhalants
- ✚ Methamphetamine
- ✚ Tobacco

Symptoms of Addictive Disorders:

- People with addictive disorders may experience symptoms differently. Some typical symptoms of addictive disorders may include:
- Getting high on drugs or getting intoxicated (drunk) on a regular basis
- Lying, especially about how much they are using or drinking
- Avoiding friends and family members
- Giving up activities they used to enjoy, such as sports or spending time with non-using friends
- Talking a lot about using drugs or alcohol
- Believing they need to use or drink in order to have fun
- Getting in trouble with the law
- Taking risks, such as sexual risks or driving under the influence of a substance
- Suspension/expulsion from school or being fired from work for a substance-related incident
- Depressed, hopeless or suicidal feelings

Causes of Addictive Disorders:

- ➡ Genetic vulnerability
- ➡ Environmental stressors
- ➡ Social pressures
- ➡ Individual personality characteristics
- ➡ Psychiatric problems

Emergency Mental Health Related Journals

- International Journal of School and Cognitive Psychology
- Psychology & Psychotherapy
- Psychiatry: Open Access
- Psychological Abnormalities in Children

Emergency Mental Health Related Conferences

- ✓ **Annual Conference on Fostering Human Resilience**
- ✓ **Annual Summit on Sleep Disorders and Medicine**
- ✓ **Euro Global Summit and Medicare Expo on Psychiatry**



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