



Journal of Psychological Abnormalities in Children

Open Access



ISSN: 2329-9525



Jianing You

Associate Professor

Center for Studies of Psychological
Application & School of Psychology
South China Normal University

Guangzhou

China

E-mail: youjianing@gmail.com

Jianing You is an Associate Professor at Center for Studies of Psychological Application and School of Psychology, South China Normal University. She received her Ph.D. from Department of Psychology, The Chinese University of Hong Kong. Her research interests lie in adolescent non-suicidal self-injury, emotional disorders, and personality disorders. She has published several articles in international peer-reviewed journals. Apart from doing research, Dr. You is also enthusiastic about serving the community. She has delivered many lectures and held numerous workshops for adolescents, teachers, and parents in order to promote adolescents' psychological well-being.

BIOGRAPHY

- Adolescent Non-suicidal Self-injury
- Emotional Disorders
- Personality Disorders

RESEARCH INTEREST

Jianing You, Min-Pei Lin, Freedom Leung (2014) A Longitudinal Moderated Mediation Model of Nonsuicidal Self-injury among Adolescents. *J Abnorm Child Psychol*

Jianing You, Min Pei Lin, Kei Fu, Freedom Leung (2013) The best friend and friendship group influence on adolescent nonsuicidal self-injury. *J Abnorm Child Psychol* 41: 993-1004

Jianing You, Min-Pei Lin, Freedom Leung (2013) Functions of nonsuicidal self-injury among Chinese community adolescents. *J Adolesc*

Jianing You, Freedom Leung, Katty Kit Yee Lai, Kei Fu (2012) Factor structure and psychometric properties of the Pathological Narcissism Inventory among Chinese university students. *J Pers Assess*

Ching Man Lai, Freedom Leung, Jianing You, Fanny Cheung (2012) Are DSM-IV-TR borderline personality disorder, ICD-10 emotionally unstable personality disorder, and CCMD-III impulsive personality disorder analogous diagnostic categories across psychiatric nomenclatures? *J Pers Disord* 26: 551-67

RECENT PUBLICATIONS

Jianing You, Freedom Leung, Kei Fu (2012) Exploring the reciprocal relations between nonsuicidal self-injury, negative emotions and relationship problems in Chinese adolescents: a longitudinal cross-lag study. *J Abnorm Child Psychol* 40: 829-836

Ching Man Lai, Freedom Leung, Jianing You, Fanny Cheung (2012) Are DSM-IV-TR Borderline Personality Disorder, ICD-10 Emotionally Unstable Personality Disorder, and CCMD-III Impulsive Personality Disorder Analogous Diagnostic Categories Across Psychiatric Nomenclatures? *J Pers Disord*

Jianing You, Freedom Leung (2012) The role of depressive symptoms, family invalidation and behavioral impulsivity in the occurrence and repetition of non-suicidal self-injury in Chinese adolescents: a 2-year follow-up study. *J Adolesc*

Jianing You, Freedom Leung, Ching Man Lai, Kei Fu (2012) The associations between non-suicidal self-injury and borderline personality disorder features among Chinese adolescents. *J Pers Disord* 26: 226-37



Emotional/Behavioral disorder (EBD)



Emotional Disturbance?

- The IDEA defined emotional disturbance as:

“a condition exhibiting one or more of the following characteristics over a long period of time and to a marked degree”

- ✓ An inability to learn which cannot be explained by intellectual, sensory, or health factors
- ✓ An inability to build or maintain satisfactory interpersonal relationships with peers and teachers
- ✓ Inappropriate types of behavior or feelings under normal circumstances
- ✓ A general pervasive mood of unhappiness or depression
- ✓ A tendency to develop physical symptoms or fears associated with personal or school problems

Causes?

□ Biological Factors:

- Abnormal brain development or brain injury
- Genetics
- Person's behavioral style or way of responding to situations

□ Environmental Factors:

- Relationship with parents during early years
- School
- Gang membership, drug and alcohol use, deviant behavior

Characteristics

□ Externalizing:

- Uncontrolled, acting out style
- Behaviors described as aggressive, arguing, impulsive, coercive, and noncompliant
- Hyperactivity

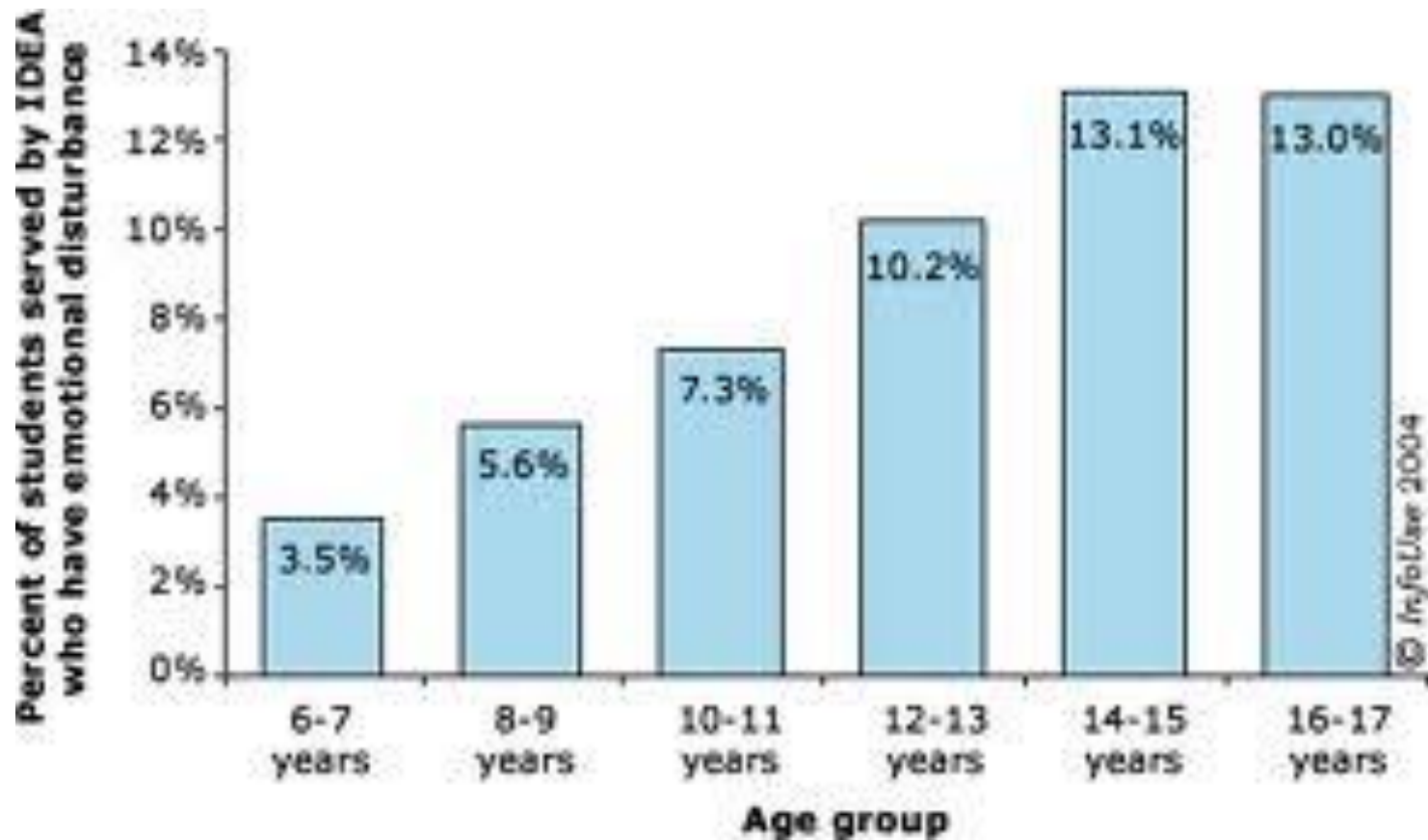
□ Internalizing:

- Overcontrolled, inhibited style
- Behaviors described as withdrawn, lonely, depressed, and anxious

□ Other:

- Attention deficit
- Poor social skills
- Skill deficit
- Performance deficit
- Academic deficit
- Learning problems
- Distorted thinking
- Immaturity

Statistics as per IDEA



OMICS INTERNATIONAL

www.omicsonline.org



OMICS International (and its subsidiaries), is an **Open Access** publisher and international **conference** Organizer, which owns and operates peer-reviewed Clinical, Medical, Life Sciences, and Engineering & Technology journals and hosts scholarly conferences per year in the fields of clinical, medical, pharmaceutical, life sciences, business, engineering, and technology. Our journals have more than 3 million readers and our conferences bring together internationally renowned speakers and scientists to create exciting and memorable events, filled with lively interactive sessions and world-class exhibitions and poster presentations. Join us!

OMICS International is always open to constructive feedback. We pride ourselves on our commitment to serving the Open Access community and are always hard at work to become better at what we do. We invite your concerns, questions, even complaints. Contact us at **contact.omics@omicsonline.org**. We will get back to you in 24-48 hours. You may also call 1-800-216-6499 (USA Toll Free) or at +1-650-268-9744 and we will return your call in the same timeframe.