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Academic and Professional Qualifications

Year	Degree	Discipline	University
1992	MBBS	Medicine	Universiti Malaya
1999	M.Med (Fam Medicine)	Family Medicine	Universiti Sains Malaysia
1999	MAFP-FRACGP	Family Medicine	AFPM
2006	Fellowship in Male Sexual and Reproductive Health		University of Monash, Melbourne
2007	FAFP	Family Medicine	AFPM

Year	Position	Field of Work	Place of Work
August 1992- July 1993	Housemanship	Internal medicine, paediatrics, surgery, orthopaedics	Hospital Universiti Sains , Kelantan
August 1993- December 1994	Medical Officer	O&G, anaesthesia	Hospital Bharu, Kelantan
January 1995-July 1995	Medical Officer	General medicine	Pasir Mas Hospital, Pasir Mas, Kelantan
August 1995- April 1999	Training lecturer	Family Medicine	Family Medicine Unit, USM, Bharu, Kelantan
May1999- Feb 2001	Lecturer	Family Medicine	Family Medicine Unit, USM, Bharu, Kelantan
March2001- 31 October 2002	Coordinator	Family Medicine	Family Medicine Unit, USM, Bharu, Kelantan
1November 2002 –30 June 2005	Head of Department	Family Medicine	Department of Family Medicine, Sciences, USM
30 June 2005 – 30 August 2006	Senior lecturer	Family Medicine	Department of Family Medicine, Sciences, USM
1 Sept 2006	Associate Professor	Family Medicine	Department of Family Medicine, Sciences, USM
01 June – 29 June 2009	Acting Deputy Dean (Academic & Students Development)		Sciences, USM
30 June 2009 – 31 December 2009	Deputy Dean (Academic & Students Development)		Sciences, USM
01 Jan 2010 – 31 December 2010	Deputy Dean (Academic & Students Development)-re appointment		Sciences, USM
18 October 2011	Professor	Family Medicine	Department of Family Medicine, Sciences, USM



Main Current Research Areas

1. Chronic Diseases especially Diabetes Mellitus and Hypertension
2. Male Sexual and Reproductive Health
3. Medical Education

Research Book

Shaiful Bahari Ismail, Rusli Nordin, 1998,
The Effectiveness of Intervention Program In Giving Basic Knowledge
And Awareness on HIV/Aids among The Lower Secondary School
Students in Kota Bharu District, Kelantan, Dissertation submitted in
Partial Fulfilment of MMED Family Medicine, USM, p. 1-90.



International publications

1. **Shaiful Bahari Ismail**, 2003, Training of Primary Care Physician. Our Experience in USM, Kelantan, Japanese Journal of Primary Care, Vol 26, Supplement 3. Page 130-132.
2. Asia Rehman, ARA Rahman, **Shaiful Bahari Ismail**, L Naing, 2003, Influence of Angiotensin 11 receptor gene A1166C polymorphism on blood pressure and aortic stiffness among malay hypertensive subjects; A preliminary report. Journal of Hypertension, Vol 21 (suppl 4)
3. Azidah Abdul Kadir, **Shaiful Bahari Ismail**, Jamil Yaakob, Wan Rushidi Wan Mahmud. 2004, Validation of the Malay version of Edinburgh Postnatal depression Scale in Kota Bharu, Kelantan, Malaysia, Asia Pacific Journal of Family Medicine, Volume 3, Issue 1&2.
4. **Shaiful Bahari Ismail**, Lee Cheng Wai, Ezanee Aziz , Ibrahim Lutfi, 2004, The determination of bone mineral density of local malay female and it's correlation with geometric properties in the evaluation of skeletal status, Journal of The Medical Association of Thailand, Vol. 87, Suppl. 1.
5. Azidah Abdul Kadir, **Shaiful Bahari Ismail**, Jamil Yaakob, Wan Rushidi Wan Mahmud, NH Nhussain, June 2005, Postnatal depression in mothers attending primary care clinics in Kelantan, Malaysia. International Medical Journal. Volume 12, Number 2. Page 105 - 109
6. Mohd. Aznan, **Shaiful Bahari Ismail**, Mohd. Fauzi, September 2005, Study on Characteristics of patients with repeated admission for asthma in Hospital Tengku Ampuan Afzan, Kuantan, Pahang, Malaysia, International Medical Journal. Volume 12, Number 3. Page 167-174
7. Norazah MN, Juwita S, **Shaiful Bahari Ismail**, Mohd Shah ME, M Jamil Y, WM Rushidi WM, December 2005, Validation of the malay version brief patient health questionnaire (PHQ-9) among adult attending family medicine clinics . International Medical Journal. Volume 12. No 4. page 259-263.
8. SB Draman, **Shaiful Bahari Ismail**, MR Merchant, M Harmacy, Tg Ariff, SS Jasmit Singh, September 2005, A study on risk factors of repeated admissions among patients with schizophrenia in Hospital Kota Bharu, Kelantan, Malaysia. International Medical Journal. Volume 12, Number 3. Page 185-192.
9. **Shaiful Bahari Ismail**, September 2005, Clinical Trials for Primary Care Physicians: Is it beneficial? International Medical Journal. Volume 12, Number 3., Page 199 – 203.
10. NB Hassan, CI Hasanah, ARA Rahman, **Shaiful Bahari Ismail**, 22 September 2005, Identification of Psychosocial factors of Non-Compliance in hypertensive patients. Journal of Human Hypertension (2006) 20, (1)23-29. Published online.

11. Norasmah H, **Shaiful Bahari Ismail**, Lin Naing, December 2005, Doctor Shopping Behaviour Amongst Patient Attending Family Medicine Clinic, Hospital Universiti Sains Malaysia, Kubang Kerian, Kelantan. International Medical Journal. Volume 12, No 4. Page 251-257
12. NHN Hussain, Norliza M, **Shaiful Bahari Ismail**, Hasanah CI. Aetiological Factors and Psychosocial Impact of female partner in couples with infertility. International medical journal
13. S Rahman, ARA Rahman, AA Ismail, **Shaiful Bahari Ismail**, 2005, Early manifestation of arterial stiffness in newly diagnosed, untreated type 2 diabetic and impaired glucose tolerance individuals. Journal of Human Hypertension, Vol 19,
14. Fauziah A, **Shaiful Bahari Ismail**. 29 Nov 2005
Prescription errors in Hospital Universiti Sains Malaysia, Kelantan. International Medical Journal, Vol 13, No.2, Page 101-104.
15. Sayeeda Rahman, Aziz Al-Shafi Ismail, **Shaiful Bahari Ismail**, Nyi Nyi Naing, Abdul Rashid Abdul Rahman, 23 April 2007, Effect of Rosiglitazone/Ramipril on Preclinical Vasculopathy in Newly Diagnosed, Untreated Diabetes and IGT Patients: 1-year Randomised, Double-blind, Placebo-controlled Study. Eur J Clin Pharmacol. 2007.August: 63(8) 733-41
16. Asia Rehman, **Shaiful Bahari Ismail**, Lin Naing, Tariq Mahmood Roshan and Abdul Rashid Abdul Rahman, 2007, Reduction in arterial stiffness with angiotensin II antagonism and converting enzyme inhibition. A Comparative Study Among Malay Hypertensive Subjects With A Known Genetic Profile. American Journal Of Hypertension, page 184 – 189.
17. Sayeeda Rahman, Aziz Al-Safi, **Shaiful Bahari Ismail**, Nyi Nyi Naing and Abdul Rashid Abdul Rahman, 2009, Increased Arterial Stiffness in Normoglycaemic Offspring of Newly Diagnosed, Never Treated Type 2 Diabetic and Impaired Glucose Tolerance Parents. British Journal of Diabetes & Vascular Disease 2009; 9: 65. Page 65-68
18. Ban Tawfeek Shareef, Azian Harun, Yusof Roziawati, **Shaiful Bahari Ismail**, Zakuan Zainy Deris, Manickam Ravichandran. March 1, 2008. Recurrent Trichosporon asahii Glossitis: A Case Report. The Journal of Contemporary Dental Practice, volume 9 number 3,
19. Rahman S, Ismail AA, **Shaiful Bahari Ismail**, Naing NN, Rahman AR. 2008 Feb 2. Early Manifestation of Macrovascular Pathways in Newly Diagnosed Never Treated Type II Diabetic Patients with No Traditional CVD Risk Factors. Diabetes Res Clin Pract. May;80(2):253-8.



20. Hasni Ibrahim, **Shaiful Bahari Ismail**, Shamsunarnie Mohamed Zukri, Adibah Hanim Ismail, Wan Mohamad Wan Bebakar. June, 2009. The Use of HbA1C in the Diagnosis of Type 2 Diabetes Mellitus Among High Risk Group in Hospital Universiti Sains Malaysia. International Medical Journal Vol 16, No. 2, Page 125-129.
21. Hasni Ibrahim, Adibah Hanim Ismail, **Shaiful Bahari Ismail**, Shamsunarnie Mohamed Zukri, Wan Mohamad Wan Bebakar. June, 2009. The Use of HbA1C in the Diagnosis of Type 2 Diabetes Mellitus Among High Risk Group in Hospital Universiti Sains Malaysia. International Journal of Diabetes and Metabolism. Int J Diabetes & Metabolism (2010) 18:25-28
22. **Shaiful Bahari Ismail**, ¹Rosediani M, Nik Hazlina NH, ¹Shamsunarnie MZ, ²Leon P (2010). ¹Universiti Sains Malaysia, Kota Bharu Kelantan and ²Monash University, Melbourne, Australia
A Comparison Of Men's Health Knowledge Among Final Year Medical Students In University Sains Malaysia (USM) And Monash University (MU), Melbourne, Australia
Journal of Men's Health, Vol. 7, No. 3, ISSN 1875-6867, October 2010, page 296-297
23. Oteh Maskon, Azarisman Shah Mohd. Shah, Azreen Syazril Adnan, Jamaluddin Ab. Rahman, Aszrin Abdullah, Ting Chih Kuan, **Shaiful Bahari Ismail**. "Institutional Hypertension Control in Malaysia; a Multicenter Study Focusing on Gender and Cardiovascular Risk Factor Profile Difference." Hypertension Research 34, 319-324 (March 2011)
24. Noordin Othman, Agnes I Vitry, Elizabeth E Roughead, **Shaiful Bahari Ismail** and Khairani Omar Medicines information provided by pharmaceutical representatives: a comparative study in Australia and Malaysia. BMC Public Health 2010, 10:743

25. ¹Y.Lily Husniati, ¹Nik Hazlina N.H., ¹S. Siti Amrah, ²H. Intan Idiana, ¹A.K. Azidah, ¹M.N. Norhayati, ¹**Shaiful Bahari ismail**, ¹Z. Rahimah, ¹S.Nazlah Shaniza, ¹H. Juhara and ¹M. Kamarul Imran (2010). The Effects Of Tualang Honey On Postmenopausal Women. 2nd International Conference On The Medicinal Use Of Honey on 13 till 15 January 2010, *Journal of ApiProduct and ApiMedical Science 2 (1): 31-60 (2010) © IBRA 2010*
26. Seng Fah Tong, Wah Yun Low, **Shaiful Bahari Ismail**, Lyndal Trevena and Simon Willcock. Physician's intention to initiate health check-ups discussions with men: a qualitative study *Family Practice* November 29, 2010; 0:1–10.
27. Azriani Ab Rahman, Razlina Ab Rahman, Mohd Ismail Ibrahim, Halim Salleh, **Shaiful Bahari Ismail**, Siti Hawa Ali, Wan Manan Wan Muda, Maizun Ishak and Amaluddin Ahmad. Knowledge of Sexual and Reproductive Health among Adolescents Attending School in Kelantan, Malaysia. *Southeast Asian J Trop Med Public Health* Vol 42 No.3 May 2011
28. Seng Fah Tong, Wah Yun Low, **Shaiful Bahari Ismail**, Lyndal Trevena and Simon Willcock. Malaysia primary care doctor's views on men's health: an unresolved jigsaw puzzle. *BMC Family Practice* 12 May 2011, 12.29
29. Maira Hassan, **Shaiful Bahari Ismail**, Mafauzy Mohamad. Associated factors and prevalence of complications with the level of glycaemic control in patients with Type 2 DM attending diabetic centre, HUSM, Kubang Kerian, Kelantan, Malaysia.. *IMJ* vol 18, no 2. June 2011
30. [S.R. Aravind](#), [Khaled Al Tayeb](#), [Shaiful Bahari Ismail](#), [Naim Shehadeh](#), [Ghaida Kaddaha](#), [Rose Liu](#), [Robert Balshaw](#), [Nadia Lesnikova](#), [Olaf Heisel](#), [Cynthia J. Girman](#), [Bret J. Musser](#), [Michael J. Davies](#), [Harvey L. Katzeff](#), [Samuel S. Engel](#), [Larry Radican](#). Hypoglycaemia in sulphonylurea-treated subjects with type 2 diabetes undergoing Ramadan fasting: a five-country observational study. [Current Medical Research and Opinion](#) Jun 2011, Vol. 27, No. 6, Pages 1237-1242: 1237-1242.
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32. Wan Rosli W.I, Rohana A.J, Gan S.H, Noor Fadzlina H., Rosliza H., Helmy H., Mohd. Nazri S., Mohd. Ismail I., **Shaiful Bahari I.**, Wan Mohamad W.B. and Kamarul Imran M. Fat content and EPA and DHA levels of selected marine, freshwater fish and shellfish species from the east coast of Peninsular Malaysia. *International food research journal* 19(3) : 815-821 (2012)

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34. Azriani Abdul Rahman, Razlina Abdul Rahman, **Shaiful Bahari Ismail**, Mohd. Ismail Ibrahim, Siti Hawa Ali, Halim Salleh, Wan Abdul Manan Wan Muda. Factors Associated With Attitude Toward Premarital Sexual Activities Among School-Going Adolescents in Kelantan, Malaysia. *Asia Pacific Journal of Public Health* June 29, 2012
35. S.R Aravind, **Shaiful Bahari Ismail**, R.Balamurugan, Jugal Bihari Gupta, Tarun Wadhwa, Sze Min Loh, Shailaja Suryawanshi, Michael J. Davies, Cynthia J. Girman, Harvey L.Katzeff, Larry Radican, Samuel S. Engel, Troels Wolthers. Hypoglycemia in patients with type 2 diabetes from India and Malaysia treated with sitagliptin or a sulfonylurea during Ramadan: A randomized, pragmatic study. *Current Medical Research and Opinion*. Accepted: June 28, 2012
36. Mohd Noor Norhayati, Annie George, N.H. Nik Hazlina, Azidah Abdul Kadir, H. Intan Idiana, K.S. Law, I. **Shaiful Bahari**, W.M. Wan Zahiruddin, E. Liske, and A. Azreena Efficacy and Safety of *Labisia pumila* var *alata* Water Extract Among Pre- and Postmenopausal Women *J Med Food* 17 (8) July 2014, 1–10
37. Chee Keong Chen, Wan Mohd Zahiruddin Wan Mohamad, Foong Kiew Ooi, **Shaiful Bahari Ismail**, Mohamad Rusli Abdullah, Annie George. Supplementation of *Eurycoma longifolia* Jack Extract for 6 Weeks Does Not Affect Urinary Testosterone: Epitestosterone Ratio, Liver and Renal Functions in Male Recreational Athletes . *International journal of preventive medicine*. Volume 5 no 6, June 2014
38. George A, Liske E, Chen CK and **Ismail SB**. The *Eurycoma Longifolia* Freeze-Dried Water Extract-Physta[®] Does not Change Normal Ratios of Testosterone to Epitestosterone in Healthy Males. *Journal of Sports Medicine & Doping Studies*

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