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Tahir Saeed

Senior Psychologist

American Center for Psychiatry and Neurology

Ireland



BRIEF BIOGRAPHY :


- Tahir Saeed have a specialized training in assessment and intervention with regard to the neurodevelopmental disorders among children and adolescents that include Autism Spectrum Disorder (ASD), Attention Deficit Disorder (ADHD), Intellectual Disabilities (ID) and Specific Learning Disorder (SPD).
- Tahir Saeed believe in evidence based intervention and hence uses Cognitive Behavior Therapy as one of the therapeutic instruments with adults and children.
- Tahir Saeed use various behavioral management modalities to address challenging behaviors among children, adolescents and adults.



EDUCATION:

- ✓ Tahir Saeed have received PhD degree from Department of Psychology, National University of Maynooth, Kildare, Ireland in 2011
- ✓ Masters in Cognitive Behavior Therapy from Department of Psychology, University College Cork, Ireland in 2005
- ✓ Prior to moving to Ireland, Tahir Saeed did MA and MPhil from University of Peshawar, Pakistan.
- ✓ Tahir Saeed also received a certificate in child neuropsychology from Netherland.

ACHIEVEMENTS:

- Tahir Saeed have served in the Pakistan Air Force (PAF) for 11 years in different capacities after completing an extensive training in personality assessments, cognitive assessment, test development, guidance and counseling.
 - He completed training with distinction in the PAF as Tahir Saeed was awarded the best trainee certificate. He worked as a clinical psychologist with children and adults with diverse clinical presentations.
 - Tahir Saeed have also written a number of articles on different psychological issues which were published in Irish and Pakistani psychology journals.
 - He joined American Center in August 2013.
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Emergency Mental Health Related Journals

- International Journal of School and Cognitive Psychology
- Psychology & Psychotherapy
- Psychiatry: Open Access
- Psychological Abnormalities in Children

Emergency Mental Health Related Conferences

- ✓ Annual Conference on Fostering Human Resilience
- ✓ Annual Summit on Sleep Disorders and Medicine
- ✓ Euro Global Summit and Medicare Expo on Psychiatry



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