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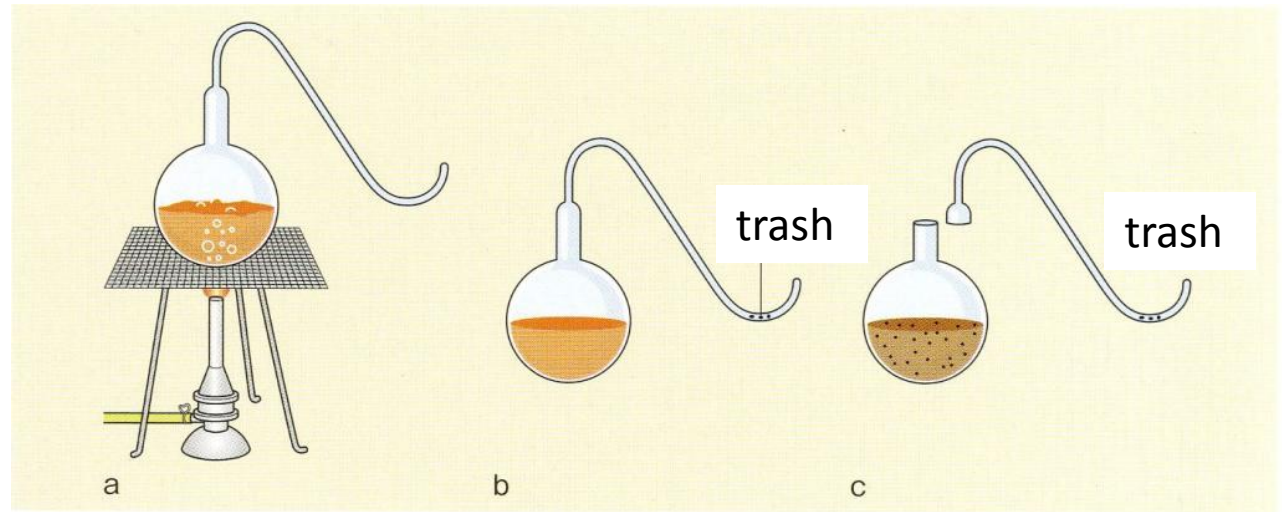
Ilya Mechnikov



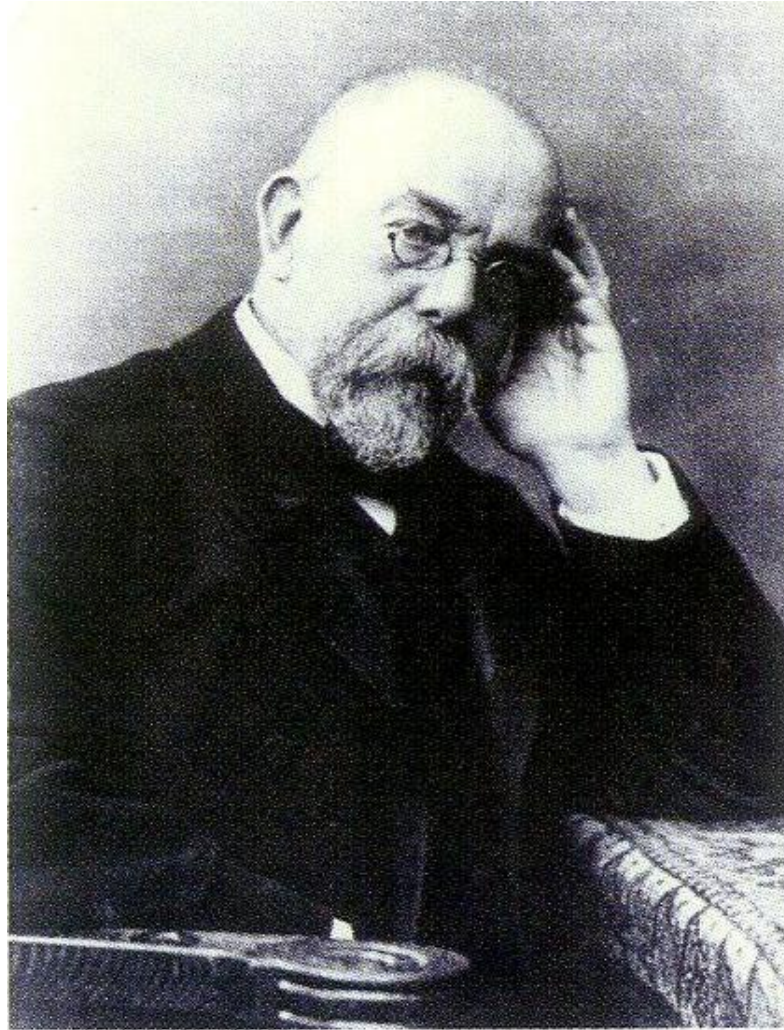
no death due to yogurt



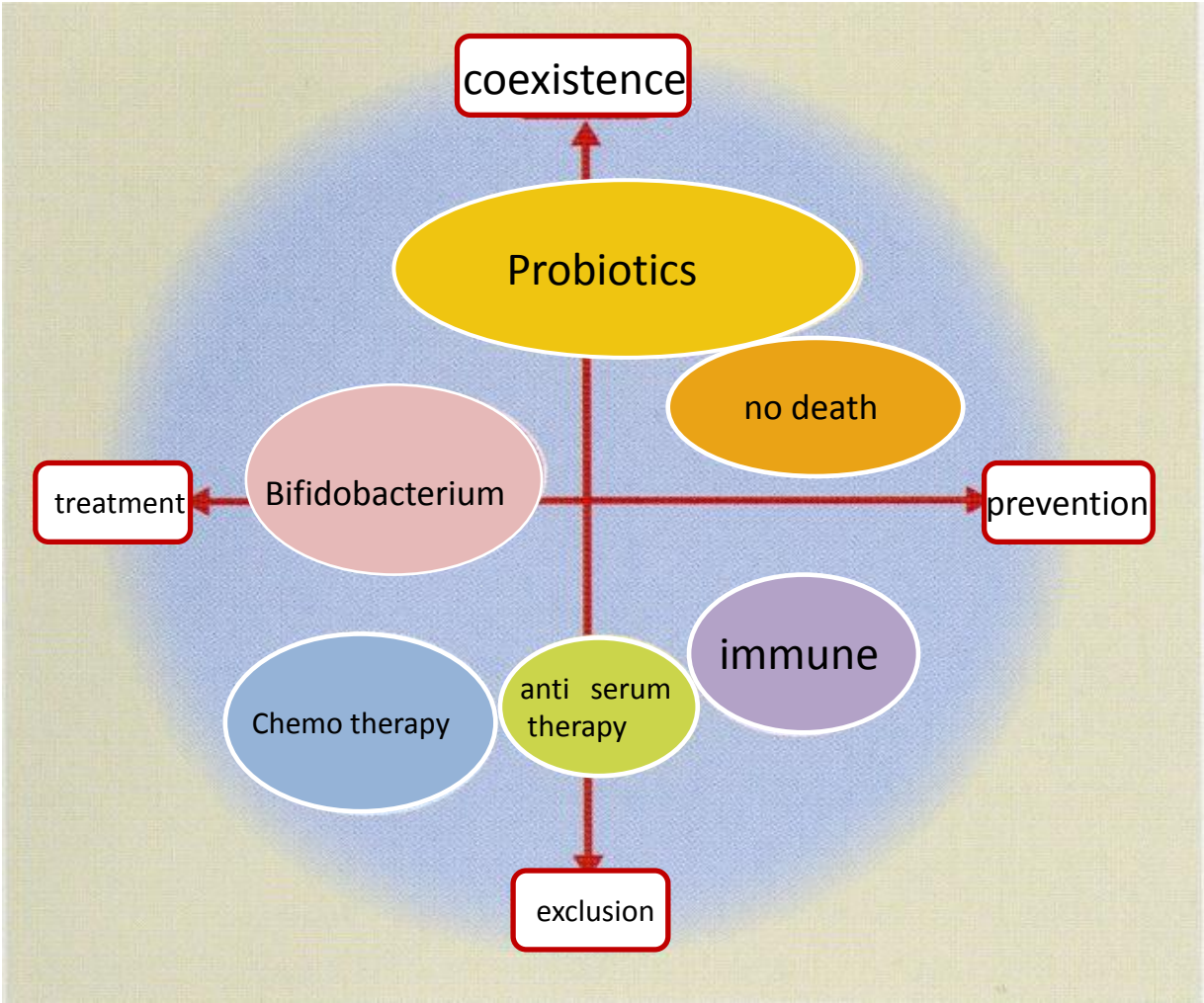
Louis Pasteur



Experiments by Pasteur



Robert Koch



Position of Probiotics



## Intestinal flora (16SrDNA) in healthy volunteer

bacteria	healthy			vegetarian	elderly		
	A	B	C		D	E	F
<i>Clostridium</i> cluster I	0	1.1	0	0	0	0	0
<i>Clostridium</i> cluster IV ( <i>Clostridium leptum</i> group )	22.7	12.4	11	13.1	34.7	16.1	9.5
<i>Clostridium</i> cluster IX	0	9.8	34	0	0	35.8	14.3
<i>Clostridium</i> cluster XI	0	0.4	0.8	0	0	1.2	0
<i>Clostridium</i> subcluster XIVa ( <i>Clostridium coccooides</i> group )	58.8	23.7	29	59.6	25.3	2.5	3.6
<i>Clostridium</i> subcluster XIVb	0.5	0	0	0	0	0	0
<i>Clostridium</i> cluster XVI	0	4.1	0	1.7	4	0	0
<i>Clostridium</i> cluster XVII	0	8.3	0	0	0	2.5	0
<i>Clostridium</i> cluster XVIII	0	0	0.4	12	0	0	0
<i>Bifidobacterium</i>	0	0.4	5.3	0.5	0	0	0
<i>Lactobacillus</i>	0	0	0	0	0	1.2	0
<i>Cytophaga-Flexibacter-Bacteroides</i>	5	9.4	16.3	6	20	8.6	15.4
<i>Streptococcus</i>	3.7	28.8	0.4	0	2.7	1.2	0
Proteobacteria	0.5	0.8	1.6	0	5.3	17.3	54.8
others	8.8	0.8	1.2	7.1	8	13.6	2.4

Hayashi H. et al.

bacteria	primer	Specific array	size
<i>Bifidobacterium</i>	g-Bifid-F	CTCCTGGAAACGGGTGG	549~563
	g-Bifid-R	GGTGTTCTTCCCGATATCTACA	
<i>B. adolescentis</i>	BiAD0g-1a	CTCCAGTTGGATGCATGTC	279
	BiAD0g-1b	TCCAGTTGACCGCATGGT	
	BiAD0-2	CGAAGGCTTGCTCCCAGT	
<i>B. angulatum</i>	BiANG-1	CAGTCCATCGCATGGTGGT	275
	BiANG-2	GAAGGCTTGCTCCCCAAC	
<i>B. bifidum</i>	BiBIF-1	CCACATGATCGCATGTGATTG	278
	BiBIF-2	CCGAAGGCTTGCTCCCCAAA	
<i>B. breve</i>	BiBRE-1	CCGGATGCTCCATCACAC	288
	BiBRE-2	ACAAAGTGCCTTGCTCCCT	
<i>B. catenulatum</i>	BiCATg-1	CGGATGCTCCGACTCCT	285
	BiCATg-2	CGAAGGCTTGCTCCCGAT	
<i>B. longum</i>	BiLON-1	TTCCAGTTGATCGCATGGTC	831
	BiLON-2	GGGAAGCCGTATCTCTACGA	
<i>B. infantis</i>	BiINF-1	TTCCAGTTGATCGCATGGTC	828
	BiINF-2	GGAAACCCCATCTCTGGGAT	
<i>B. dentium</i>	BiDEN-1	ATCCCGGGGGTTCGCCT	387
	BiDEN-2	GAAGGGCTTGCTCCCGA	
<i>B. gallicum</i>	BiGAL-1	TAATACCGGATGTTCCGCTC	303
	BiGAL-2	ACATCCCCGAAAGGACGC	

Matsuki T. et al

Specific primer for Bifidobacterium



## Numbers of bacteria in stool of healthy volunteer

bacteria	M $\pm$ SD	Positive(%)
<i>Bifidobacterium</i>	9.4 $\pm$ 0.7	100
<i>B. adolescentis</i>	9.1 $\pm$ 0.9	82.6
<i>B. angulatum</i>	6.6 $\pm$ 0.2	10.9
<i>B. bifidum</i>	8.3 $\pm$ 0.8	28.3
<i>B. breve</i>	7.3 $\pm$ 0.7	17.4
<i>B. catenulatum</i>	8.9 $\pm$ 0.8	89.1
<i>B. longum</i>	8.1 $\pm$ 0.7	95.7
<i>B. infantis</i>	6.9 $\pm$ 0.7	4.3
<i>B. dentium</i>	7.2 $\pm$ 0.5	8.7

Matsuki T, et al.

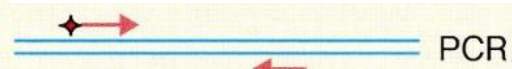
## Analysis of bacteria in healthy volunteer

bacteria	M ± SD	positive(%)
<i>Clostridium coccoides</i>	10.3 ± 0.3	100
<i>Clostridium leptum</i>	9.9 ± 0.7	100
<i>Bacteroides fragilis</i>	9.9 ± 0.3	100
<i>Bifidobacterium</i>	9.4 ± 0.7	100
<i>Atopobium</i>	9.3 ± 0.7	100
<i>Prevotella</i>	9.7 ± 0.8	45.7

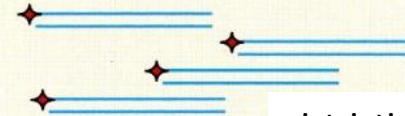


DNA extraction from stool

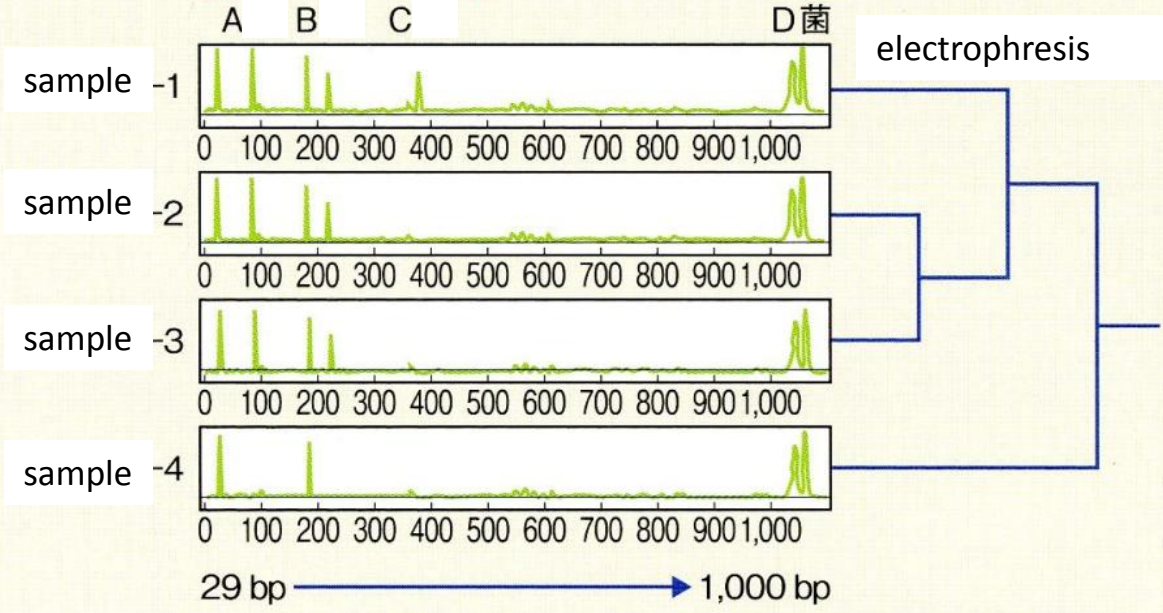
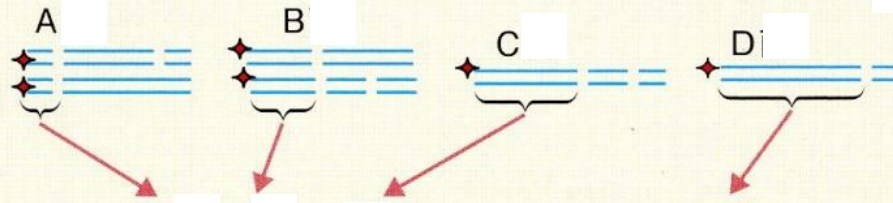
Primer labeled with 6-FAM



1492R



restrictive enzyme



Analysis of intestinal flora

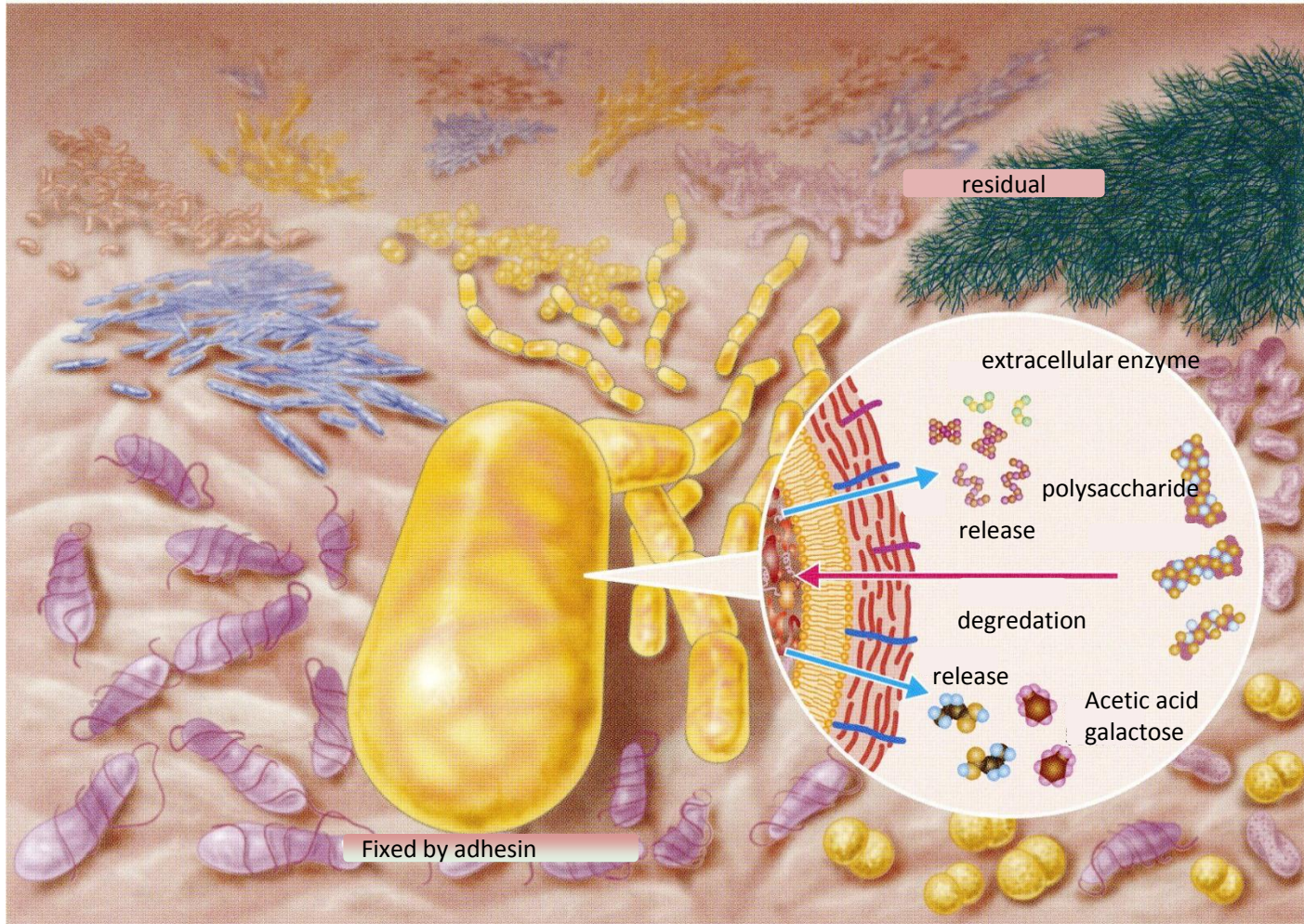
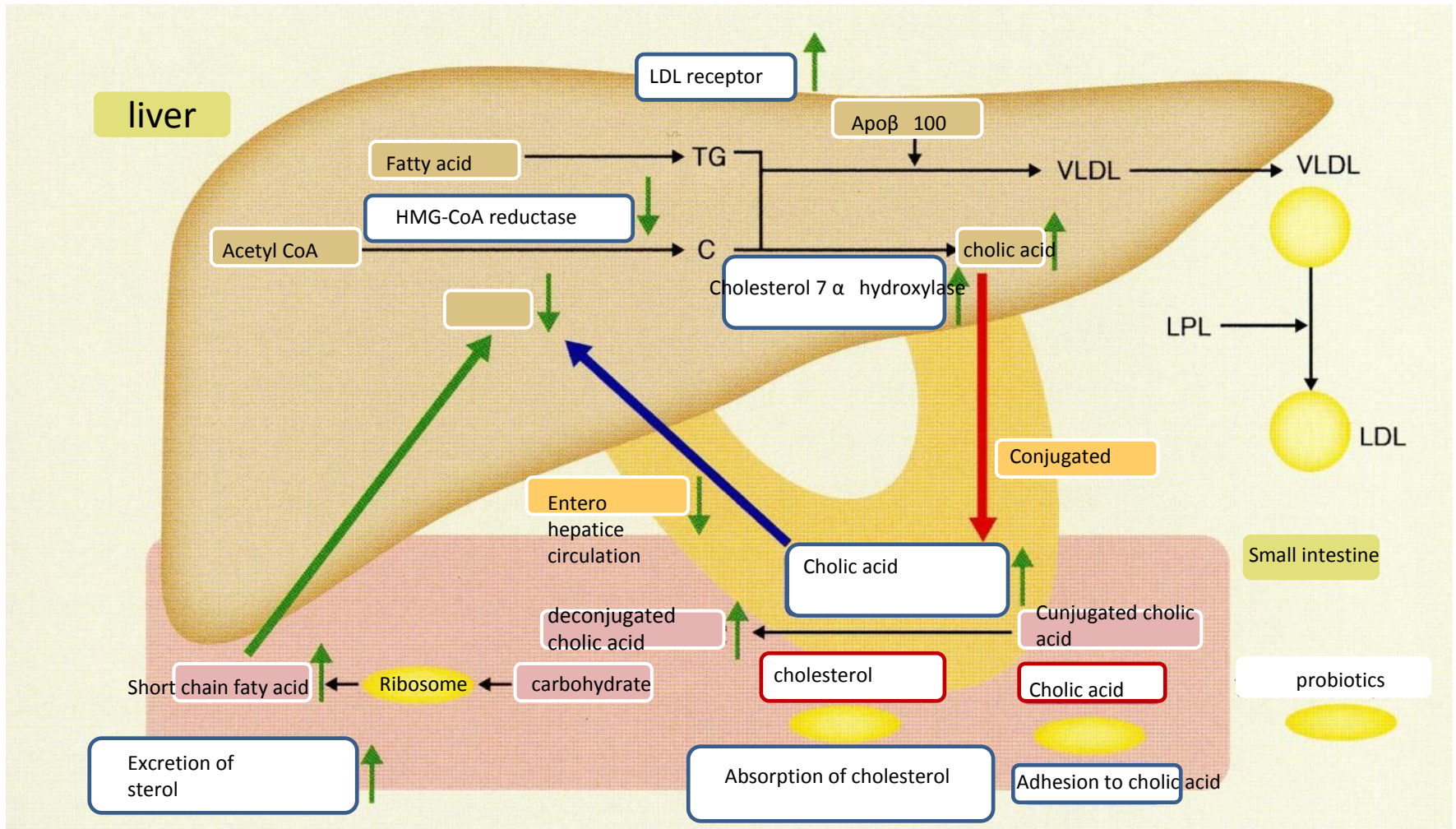
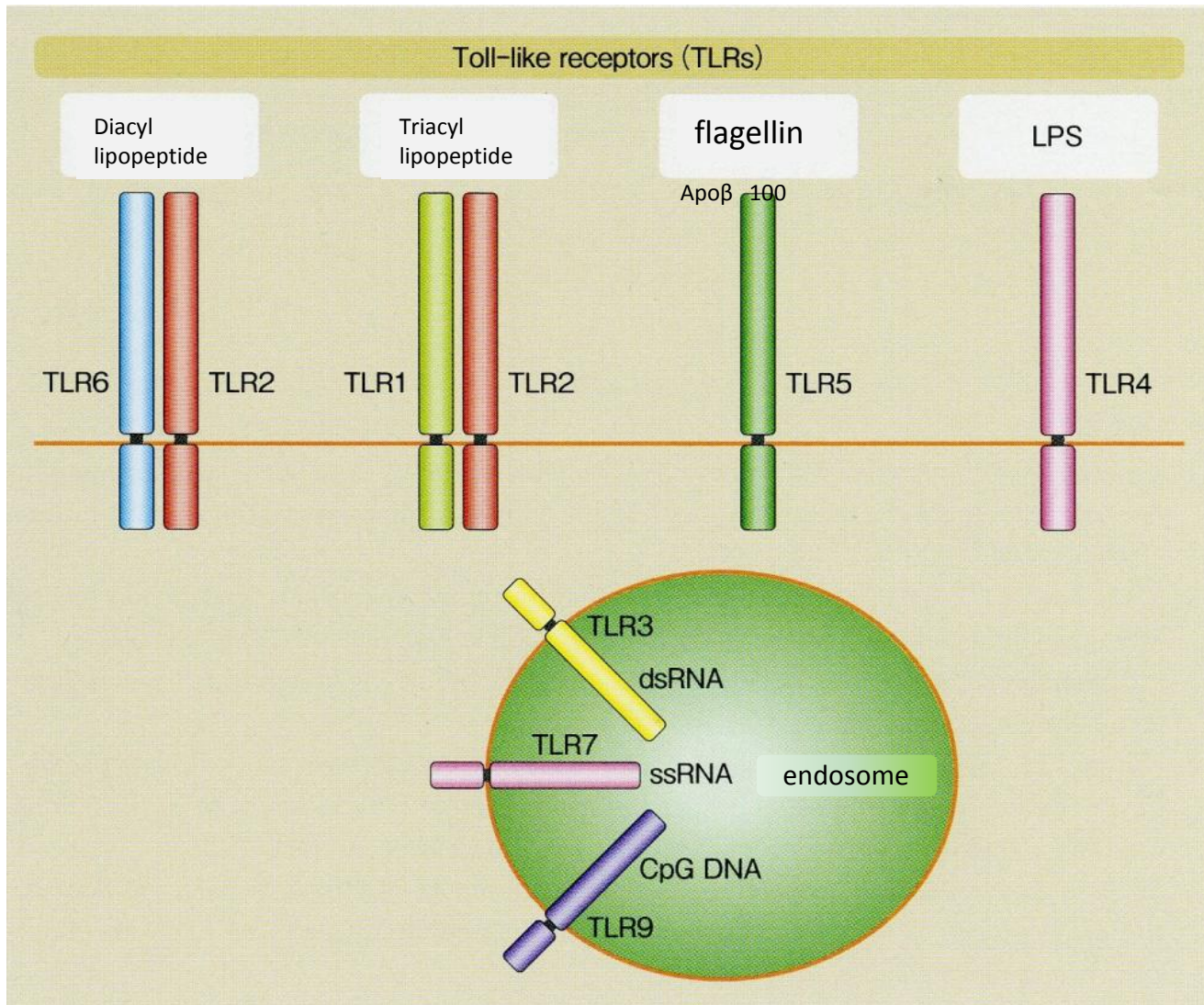


Image of Intestinal flora

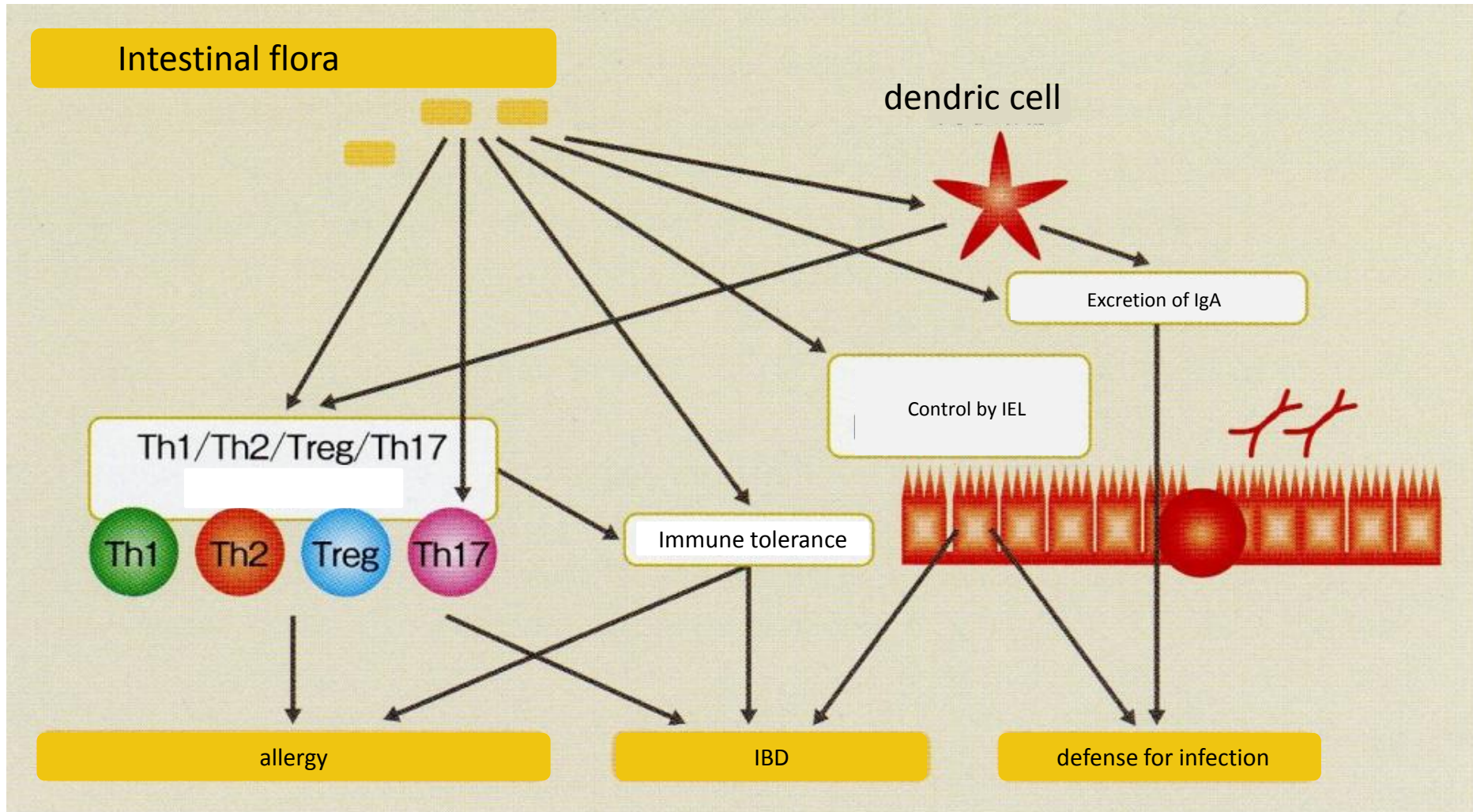


Decrease of serum cholesterol by probiotics

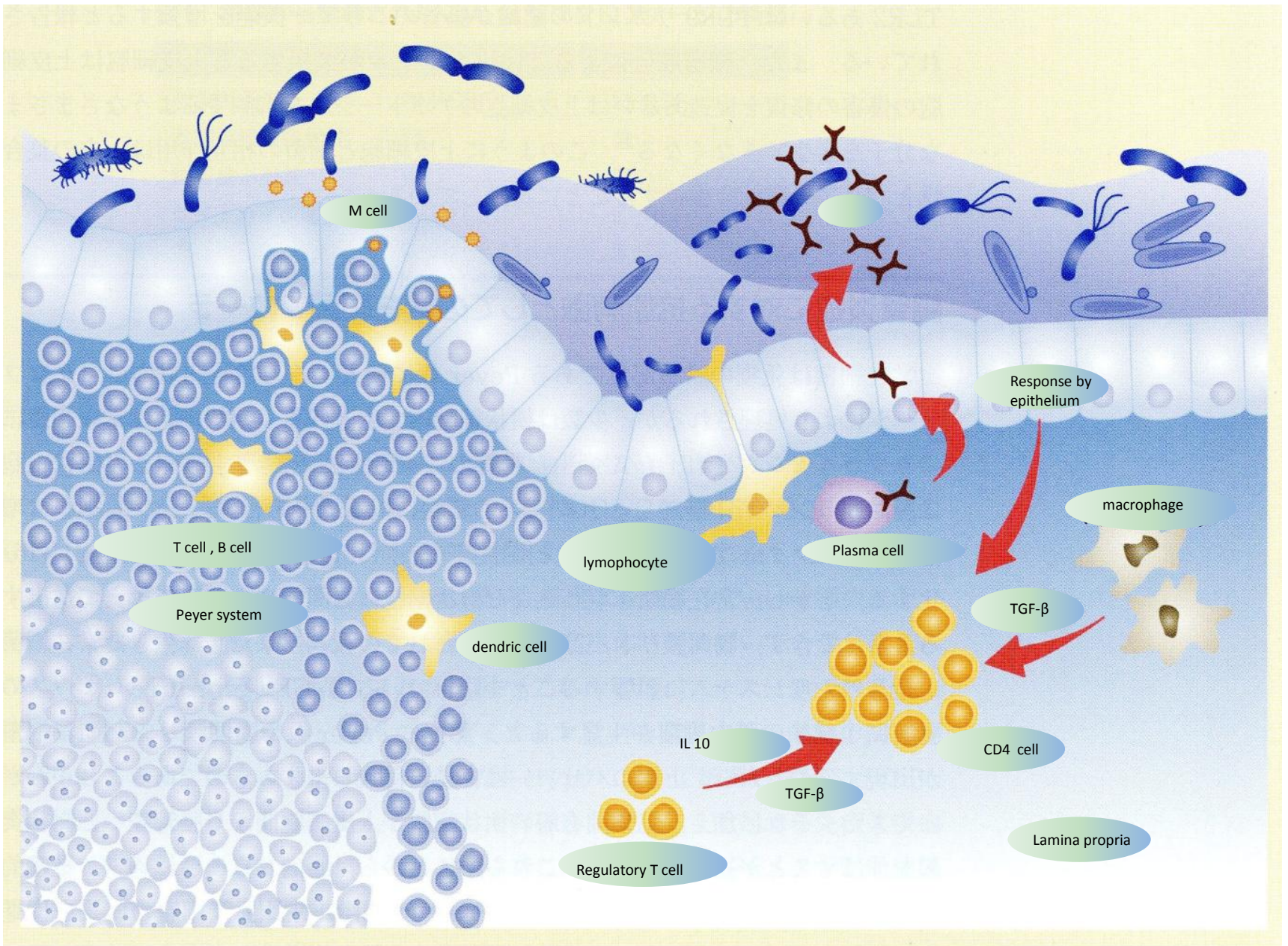


TLR and Ligands

# Immune system in mucosa

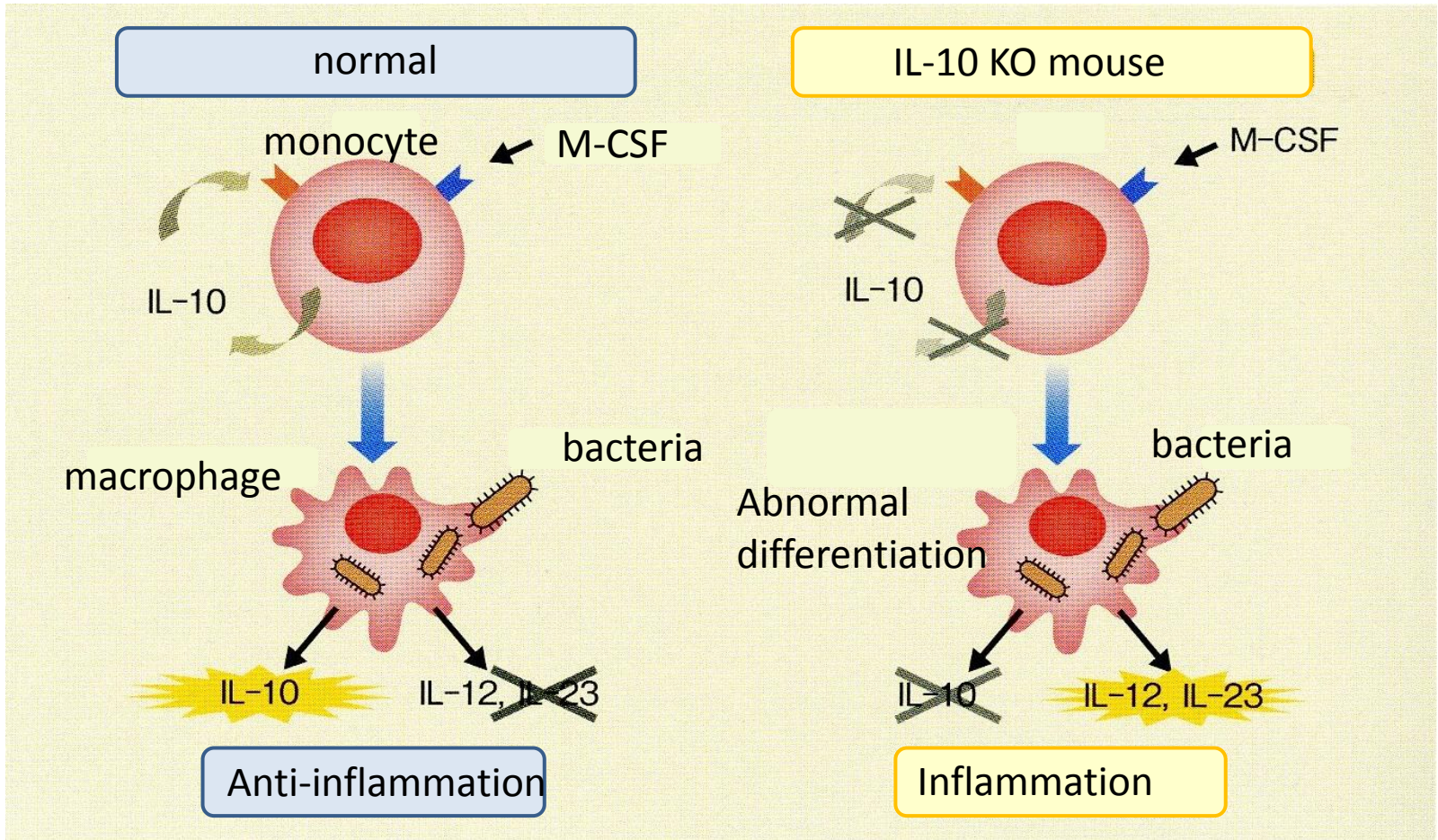


# Immune system by intestinal flora



Defense system in mucosa





Production of cytokine

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