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A case study of remission of re-current stage 4B cervical carcinoma by changing diet and lifestyle pattern

Aim: To restrict the growth of cancer and convert it into a 'cancer without disease' or remission by changing dietary patterns in case of a single patient suffering from metastasized stage 4 b cervical carcinoma (recurrence or residual).

Methods: The patient was suffering from hyper metabolic metastasized stage 4B cervical carcinoma (recurrence/ residual). A dietary and lifestyle regimen was prepared for the patient to follow based on three scientific principles to convert cancer into 'Cancer without disease'. First being the anti angiogenesis and immune boosting property, second one being the control of Warburg effect and the third was to create a stress situation for the cancer cells to undergo apoptosis/cell ingestion. There were certain complications which aroused and various difficulties faced by the patient which were overcome and positive results were obtained.

Results: The MRI taken for the patient reveals remission in cancer resulting in improved quality of life.

Conclusion: Nutrition and lifestyle play a vital and important role in the proliferation as well as control and remission of cancer. We propose certain interlinked hypothesis in our case study which can be further investigated by the experts to establish more credibility and give a whole new dimension to cancer treatment where nutrition and lifestyle can be made a complimentary therapy along with other treatment therapies like Surgery, Chemo Therapy, Radio Therapy, Brachy Therapy, etc. These changes have been found to compliment the conventional treatment by giving better results and improving the quality of life of the patient by reducing their suffering.