Well-iris – A new wellness program

Well-iris is a new wellness program that utilizes the ubiquity and ease of use of the wireless technology to assist users to follow a holistic wellness program in their daily life. It combines wearable wireless sensors with a wellness mobile application running a personalized program of various therapies. The program combines various wellness assessments that is gathered through in-person or online interviews, and through wearable wireless sensors to evaluate the users’ wellness. It registers bio-resonance readings, life stress and energy levels, nutritional screening results, and other wellness information. It then creates a wellness program of various therapies for the user to follow, including bio-resonance therapy administered through wireless wearable, nutritional supplements reminders using wireless sensors, stress and energy therapies running on the mobile application, group support sessions, etc. These therapies can be personalized through an online or in-person review session with wellness specialists. The program is then monitored using both wearable sensors and through feedback collected from the mobile application.

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