OMICS Group Conferences
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2nd International Conference and Exhibition on

Addiction Research & Therapy

July 22-24, 2013   Embassy Suites Las Vegas, NV, USA

Student's social networking addiction depends on the condition of their studying

Maryna Toderishena
Bukovinian State Medical University, Ukraine

Background: Resent studies suggests that social networks are more difficult to resist than cigarettes or alcohol. Social networking addiction (SNA) usually refers to compulsive behavior that leads to negative effects, but main reasons making the person addicted are still not clear for today. That is why we were interested, how do the studying conditions of students affect on their SNA.

Material and Methods: We examined and interviewed 300 students: group 1- medical students (n=100), group 2-economical students (n=100), group 3-philosophy students (n=100). To reveal SNA we used Internet Addiction test and self created questionnaire.

Results and Discussion: 70% of responders from group 1 have demonstrated low level of SNA, 22%-medium level and only 8% were highly addicted (p<0.05). In group 2 low addiction was revealed in 45%, medium-in 40%, high-in 15% of responders (p<0.05). Group 3 have shown the low addiction in 35%, medium-in 43%, highin 22% of responders (p<0.05). Analysis of variations detected a strong direct correlation between the level of SNA and the type of student's professional direction.

Conclusion: The lowest level of SNA was registered in medical students. This fact could be explained with high studying load in medical university. Besides, medical profession is social oriented,and students are getting nice communicative skills during their studding. The highest level of SNA was among philosophy students, what could be explained with a large amount of free time and small fraction of social interactions in their profession.

Biography

Maryna Toderishena is a 2nd year medical student of Bukovinian State Medical University (BSMU). She also received a Nursing bachelor degree in 2011. She attends a student's research group in the Department of Patients Care of BSMU. Maryna likes to study languages, she speaks Russian, English and Portugues. She is interested in psychology very much, because theese knowledge could help her in future medical practice.

marina.toderishena@hotmail.com

J Addict Res Ther 2013
ISSN: 2155-6105, JART an open access journal

Addiction Therapy-2013
July 22-24, 2013

Volume 4 Issue 4

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