

Go green in addiction therapy

Abhishek Parolia

International Medical University, Malaysia

In recent years, the use of herbal, homeopathic remedies and holistic or alternative medicine have gained popularity among the public, due to the potential side effects and safety concerns of conventional allopathic formulations. Herbal products have been used since ancient times in folk medicine, involving both eastern and western medicinal traditions. In addiction therapy, herbal or natural products have become even more popular today due to their high antimicrobial activity, biocompatibility, anti-inflammatory and anti-oxidant properties. Although there are many benefits of these natural products in the practice of addiction therapy, many practitioners really do not know much about them and are hesitant to use them in day to day practice. Now, as clinicians we face a responsibility to explore and understand these products and extrapolate their implications on our current patient management strategies. Therefore, this presentation will review the implications of various natural products in addiction therapy and emphasize on their properties and safety factors. This presentation will also cover the use of Chinese medicine in the cure of addiction problems.

Biography

Abhishek Parolia has completed his BDS (Hons) and MDS from Manipal University, India. He has received Gold Medal and published many national and international scientific papers in reputed journals. He is a reviewer and member of the editorial board of many scientific journals. He is also a member of International association of dental research, Malaysian Dental Association and FODI. He is a well-known speaker and taken many lectures nationally and internationally. He is currently working in International Medical University, Malaysia His research interest is use of natural bioactive molecules to improve oral health.

abhishek_parolia@imu.edu.my