

3rd International Conference and Exhibition on **Addiction Research & Therapy**

August 04-06, 2014 Hilton-Chicago/Northbrook, Chicago, USA

New challenges of addiction research: How can we understand and cope up with the problem of sexual addiction?

Erika Eros

Medical University, Hungary

Historically hyper sexuality has been regarded as both an addiction and an impulse control disorder. Sexual addiction is a syndrome of intense sexual arousing fantasies, urges, or behaviors involving essentially normative aspects of sexual expression, that cause distress or significant psychological impairment. It includes compulsive masturbation, protracted promiscuity, dependence on pornography, telephone sex or cybersex and severe sexual desire incompatibility. It tends to be more common in male than in females, tends to wax and wane over time (often increasing with stress or anxiety) and is experienced as obligatory and insistent. The treatment should be integrated and based on comprehensive approach. Control over the hyper sexual behavior, along with the focus on current life issues is important.

Biography

Erika Eros has graduated at Semmelweis University in 1986. She has become neurologist in 1990 and psychiatrist in 1993. After several years of practice she earned the degree of FECSM (Fellow of the European Board of Sexual Medicine) in 2012. She started her professional career in a public hospital (for 6 years). She went to WHO Collaborating Centre for Community Control of Hereditary Diseases (Family Planning Centre), where she stayed 6 years as a medical doctor (neurologist, psychiatrist). Since 2000, she works for the National Institute of Child Health; she was medical doctor and scientific researcher till 2003. Since 2004 she's the head of Family Planning and Adolescence Department. She was the PI of several double-blind, randomized, multicenter studies like PMDD (effect of fluoxetine in PMDD's treatment) and HSDD (pharmacologic treatment of HSDD). She is an Assistant Professor of Postgraduate Medical University (Department of Psychiatry and Neurology) and University of Physical Training.

eros.erika@ogyei.hu