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The key role of spirituality in the treatment of addiction embracing the paradigm shift: From victim to visionary

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The author will provide a clear definition of spirituality and explain its central role in the effective treatment of addiction. She will explain the similarities between the victim mindset and that of addiction and how reframing this will clear many blocks to successful recovery. In this comprehensive and groundbreaking presentation the author provides healing solutions for those who treat addiction to assist those suffering in reconnecting to the world, the self, and the divine. Participants will learn various tools, such as meditation, prayer, and creative exercises utilizing mythology, archetypal language, nature, and traditional religious reference, to use in conjunction with those modalities already in practice, including traditional medical and psychotherapeutic methods.

Objectives

1. Participants will learn a clear definition of spirituality.
2. Participants will begin to understand spirituality's central role in the effective treatment of addiction.
3. Participants will learn the similarities between the victim mindset and that mindset of those suffering with addiction.
4. Participants will learn how to reframe the victim mindset clearing many blocks to successful recovery, by reframing this mindset to that of visionary, hero, and healer. This new mindset essential to assisting those suffering to reconnect to the world, self, and the divine.
5. Participants will learn various tools, such as meditation, prayer, and creative exercises utilizing mythology, archetypal language, nature, and traditional religious reference, to use in conjunction with those modalities already in practice, including traditional medical and psychotherapeutic methods, to provide successful, long term recovery from addiction.

Biography

Rabbi Jenny Skylark Kuvin is a world renowned sacred teacher, healer and advisor, specializing in trauma, addiction, and self-esteem issues. Her first book, *The Terrible and Wonderful, Ugly and Beautiful Story of My Life So Far*, has helped many sufferers from trauma and addiction all over the world. She has traveled the world studying with the best spiritual and energy healers and teachers of indigenous cultures and remains passionate and centered in her mission to help others heal from the past and realize their divinity. She attended Seminary at the Rabbinical Seminary International and studied under 4th generational Hungarian Kabbalist and mystical Rebbe Joseph Gelberman. She has worked in the field of addiction for many years and currently works as a Spiritual Therapist at Dream Recovery in Boca Raton, Florida. She offers seminars in Spirituality and has recently created AHAVATAR Therapy Certification program for teaching all healing professionals to add spirituality to their programs.

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