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Substance use and bipolar spectrum: A naturalistic study

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It's a naturalistic study that refers to a highly real context in the clinical field (Real World) aimed to highlight some not well-defined aspects of psychiatric comorbidity in addicted patients. The medical literature gives prevalence to data on inpatients while this naturalistic study collects data on the first visit in services dedicated to the treatment of pathological addictions. The sample is made of 519 persons (410 males, 109 females) (79% males, 21% females). The data brings out a prevalence of bipolar spectrum disorders of medium severity in outpatients while in the literature data on inpatients with a high psychopathological severity prevail. The percentages of psychiatric diagnoses recorded are congruous with other published epidemiological works giving importance to an undoubtedly exploratory study made on a quite relevant sample compared with other studies made on quantitatively smaller samples. These people have been visited after their request to be helped with their addiction. Alcohol consumption stands out: It is significant and is present across-the-board as in subjects receiving agonist for opiate addiction. The prevailing input substances are THC and cocaine while in everyday use, alcohol, cocaine and THC are prevalent (without forgetting the poly-use). Other data give an account that is not only psychopathological and about the style of consumption of substances but also social, giving an idea of the social context of patients lives (family and society).

Biography

Rocco de Filippis completed his MD and PhD from Catholic University of the Sacred Heart in Rome. He holds a Master's degree and he improved respectively in Bipolar Disorders and Addictive behavior in the years 2011/2012. He currently works at the Institute of Psychopathology, Rome as a Psychiatrist and Addictive Medicine, and up to now presented as Scientific Coordinator of CME and Master of Addictive Behaviors; he currently publishes on Bipolar Disorders with high specialization on rapid cycling; he is also an official candidate at the Psychoanalytic Italian Society of the First Italian Center of Rome, and member of IPSO (International Psychoanalytic Studies Organization). He delivered an oral speech at Translational Medicine 2014 in Las Vegas on QTc Prolongation and Psychotropic Drugs.

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