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Aftercare program in continuum of care

Chanchai Thongphanit
Thanyarak Khonkaen Hospital, Thailand

Addiction is a chronic disease. It is often relapses that causes compulsive seeking and use drug. Beside that the effective treatment of addiction as a chronic disease is important address in continuity of care that involves monitoring the patient's transition from outpatient services to inpatient services before they are discharged and also aftercare program. Thanyarak Khonkaen Hospital is a specialized drug treatment hospital of Department of Medical Services, Ministry of Public Health, Thailand. It is a tertiary care unit in The National Health Security System for drug patients referred from a primary or secondary health care unit. There are 200 beds capacity. The aftercare program is done by multidisciplinary team which composes of Physician, Nurse, and Clinical psychologist. All clients who get admitted in aftercare program must stop drug use over 90 days. The follow up appointment were used. Those were 7 times within 6 month. Therefore, we have social workers for home visit. The result revealed that aftercare program maintains long-term recovery and sobriety. Most of the clients develop spiritual and life skill.

Biography

Chanchai Thongphanit completed Doctor of Medicine Program from Faculty of Medicine, Srinakharinvirot University, Thailand since 1999. He then continued Diploma of the Thai Board of Preventive Medicine (Community Mental Health) from the Medical Council of Thailand on 2010. He is the Deputy Director of Thanyarak Khonkaen Hospital, Department of Medical Services, Ministry of Public Health. His experiences are Director of Medical Affair Center (Area number 12) from 2008-2014, The working group on the revised treatment model for problematic alcohol user in health system (revised-i-MAP Health Program), The working group of the research project: Development of Screening and Brief Intervention System for Substance Users in Primary Care Units, Southern Substance Abuse Academic Network, Prince of Songkhla University, Lecturer in Master of Arts program in Addiction Studies, Mahidol University, and Quality Consultant of Healthcare Accreditation Institute, Thailand from 2010-2014.

chanchai_medicine@hotmail.com

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