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Common addiction treatments in Iran

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Today, in Iran, there are various treatments for addicted persons. There are official private and public clinics alongside self-help groups. There also exist compulsory treatment camps under the supervision of police enforcement and judiciary system. Additionally, there are various forms of illicit treatments such as unknown medicine prescription by non medical staff persons. There are some specialized clinics such as alcohol addiction treatment clinics. Different organizations supervise the treatment and rehabilitation such as ministry of health, (State Welfare Organization of Iran) and (Iran Drug Control Headquarters). Various treatments are done in the supervised clinics such as maintenance therapies with methadone, buprenorphine, opium tincture, psychotherapy and psychiatric therapy, inpatient treatments, rehabilitation and numerous other treatments. Different specialties engage in addiction treatments such as psychiatrists, psychologists, GPs, nurses, and social workers. However state funded medical centers have treatment protocols that need to be followed by each of their medical staffs. In this article, we will review the common addiction treatments practiced in Iran.

Biography

Arash Ghodousi, MD is a Forensic Medicine specialist, licensed for treatment of addiction from Ministry of Health of IR of Iran. He is working as an Assistant Professor in Islamic Azad University, Isfahan branch, and is the Head of Hashbehesht Private Clinic in Isfahan. He is also a renowned Addiction Therapist.

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