

# 4<sup>th</sup> International Conference and Exhibition on **Addiction Research & Therapy**

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## **The future of mental health and Substance abuse treatment through Telehealth**

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Remote healthcare services and technology are quickly becoming common place for mental healthcare and substance abuse organizations across the globe. How quickly certain countries adopt these Mental Health and Substance Abuse Telehealth Technologies varies, however, and the U S is among the slowest to realize the widespread benefits these methods can deliver. More than 2,000 studies have been conducted researching telemonitoring, with the vast majority showing just how valuable remote healthcare can be. Results have included reducing hospital readmissions by 83 percent, decreasing home nursing visits 66 percent, and lowering overall costs by more than 30 percent. Also, patients and caregivers using telehealth technologies have reported increased satisfaction with treatments. These findings have been enough to encourage many countries – such as the United Kingdom to integrate remote healthcare into their current mental health and substance abuse healthcare practices. Even still, the body of evidence supporting remote healthcare and its outcomes continues to grow. Hard data continues to mount in favor of remote healthcare. The immense cost savings cannot be ignored and nothing else has worked to reduce these expenses. The improved communication between doctor and patient it facilitates will inevitably make remote medical services and telehealth technologies an integral part of many healthcare organizations.

### **Biography**

Robert Joyce is the Founder of Virtual Rehab. He is also the Director of Fellowship Foundation, a Recovery Community Organization. He has more than 13 years experience in working in the Addiction Treatment field. He has a very strong passion for changing the way treatment is dispensed and focused on breaking the stigma of Addiction.

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