Avoiding burnout in the healthcare industry

Working with clients who are living with HIV/AIDS and other accompanying difficulties such as mental illness, depression or spending time in a research lab can certainly provide its fair share of strained effects on the mind, body and soul. More times than none, professionals in the healthcare industry bring their work home and find it difficult to detach. Rejuvenation is a key component to ensuring longevity in the work place and providing optimal service to client services, research, casework, outreach and more. During this session, I will unite the international, professional community of HIV/AIDS healthcare workers through a think-tank experience that provides tools to avoid burnout. A group discussion will take place to share ideas about how individuals detach from work related stressors and participants will walk away with a renewed and refreshed sense of dedication to their work.

Biography

Daniel Bauer is internationally revered as the Successor to the legendary escape artist Harry Houdini and globally respected as a 12-year warrior and survivor living with HIV/AIDS. Through heart-breaking loss, such as burying his baby brother who passed from AIDS-related complications, to conquering impossible moments of rare survival, he has gracefully triumphed to once again pursing his dreams. He is one of the most requested motivational public speakers and entertainers who continues to present highly engaging educational experiences and spectaculatry, life-changing theatrical productions to tens of thousands annually (adolescents, healthcare professionals and mainstream communities & audiences at-large) focusing on topics such as living with HIV/AIDS, prevention, reversing HIV/AIDS-related man-made stigma and so much more. He is the current active celebrity voice and face of JustGetTested.com. He continues to work tirelessly to promote equality for all living with and/or affected by the global HIV/AIDS pandemic. His work as both an escape artist and speaker have been featured on national television networks [NBC, CBS, ABC and FOX], international print/radio media (i.e. poz.com/blogs, positivelite.com, NPR Radio, Poz I Am Radio Show), international theatrical stages including New York City off-Broadway; and has been highlighted at internationally revered events such as The OMICS Group 2013 International HIV/STI Conference, The National Healthy Living Summit, 2012 International AIDS Conference (AIDS Reunion Program, Washington, D.C.), The 2013 University of Minnesota African Student Association Red Spots Gala, and The Texas State-wide HIV/HEI Conference.

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