

## Safety and security through understanding mental health and psychiatric disorders

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The world as having only 100 people residing in it, its sociodemographics, and who will be responsible for its safety and security will be presented. The need to understand the new DSM-5 (Diagnostic and Statistical Manual -Volume 5) is timely and appropriate during this time of global insecurity and constant unfolding of natural and human-designed disasters. Understanding our way of thinking, feeling, and behaving could be one of the key elements of biological and environmental science we need to unravel-the human mind in health and in disorder. The Diagnostic and Statistical Manual (DSM) provides with the symptom checklists that allow for a mental disorder assessment, diagnosis, and intervention to be made. Changes have been incorporated into the fifth edition of the DSM that helps clinicians more to accurately assess people with relevant symptoms and behaviors by recognizing the differences from person to person, rather than providing general labels that tend not to be consistently applied across diverse global health care systems. Under the Neurodevelopmental Disorders are the intellectual Disability (Intellectual Developmental Disorder) and the need to assess both cognitive capacity (IQ) and adaptive functioning, communication disorders now includes language disorder, speech sound disorder, childhood-fluency disorder, and social (pragmatic) communication disorder. Autism Spectrum Disorder is a new disorder. Specific Learning Disorder includes reading disorder, mathematics disorder, disorder of written expression, and learning disorder not otherwise specified. Other changes will be thoroughly discussed including "Conditions for Further Study" and "Other Conditions that may be a Focus of Clinical Attention". Attention and focus on these conditions that are not mental disorders but could be proximately related to the global community's safety and security are imperative for survival.

### Biography

Rose E. Constantino, Ph.D., is Associate Professor at the University of Pittsburgh School of Nursing, Department of Health and Community Systems. She teaches Forensic Nursing. She is the senior editor of Forensic Nursing: Evidence-based Principles and Practice published by F. A. Davis in 2013.

Her pro bono family law practice is based on her research on the consequences of Intimate Partner Violence on the health, safety and well-being of women and children worldwide. Her current research is in comparing the effectiveness of Online and Face-to-Face intervention in women and children in intimate partner violence.

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