Qualitative and quantitative analysis of the parenting styles, coping strategies and perceived stress in mothers of children who have undergone cardiac interventions

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Exploring the parenting styles, coping strategies and perceived stress in parents of children who have undergone cardiac intervention are challenging issues because they affect the whole family dynamics. Ten mothers of children who have undergone cardiac intervention and ten mothers of healthy children aged 5 to 14 were administered three questionnaires: Parenting styles Questionnaire, Cope and Perceived stress Questionnaire. The testing was conducted at the final day of their five-day summer camp in June 2011. Exploration of psychosocial characteristics of parents living with the diagnosis of cardiac disease in their child is crucial for the entire team of those providing healthcare. Adequate medical as well as psychological diagnosis can provide adequate psychotherapeutic interventions which can have multi-faceted benefits both for the parents and children in the process of coping.

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