Biotics - The wisdom of grandmas

On the past few decades, enormous bulk of research addressed the importance of gut microbiota and the disease-health relationship associated with its modification. Probiotics and prebiotics are ways of stabilizing or modifying gut microbiota. By the end of this presentation, attendees should be able to:

• Identify the difference between pro-, pre- and synbiotics
• Know the evidence-based benefits of prebiotics and probiotics in pediatric gastrointestinal disorders
• Know the limitation of the use pre and probiotics.

Biography

Eyad Mahmoud Altamimi is an Associate Professor of Pediatrics at the Faculty of Medicine at Mutah University. He had his pediatric gastroenterology training at McMaster University, Hamilton, Canada. He is working in underprivileged areas, which is always inspiring for him. His most recent research focused on functional pediatric gastrointestinal disorders.

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