Nurses make a difference in people’s living place

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This presentation will highlight the application of an innovative environmental health program that targets households in Saudi Arabia. This includes a program that was conducted by community health nurses and group of nursing students during their field training for the community health nursing subject. Maintaining a healthy and safe environment is essential to increase the quality of life. We all want to live in a safe and healthy place, at work, school, the street, and perhaps most importantly, at home. Home is considered as safe place as heaven; however, the home environment can be one of the places that are most likely to cause illness and injuries. The best way to reduce environmental health risks at home is to identify the risks that pose threat to the residents to consequently reduce these risks. Prevention strategies that include risk assessment are usually simple, convenient, feasible and low-cost. Therefore, an environmental health program that entitled “healthy house ... safe environment” which targets number of households at Saudi Arabia, was conducted by a group of community health nurses and nursing students. The program aims to educate family members to be aware of domestic environmental risks, and the adoption of healthy practices that positively affect the promotion of environmental health standards in their homes. The positive impact of the program was highly recognized. Awareness of housewives on the healthy standards of houses were increased, fires and home injuries were reduced, in addition, rodents and domestic insects, which include head lice, fleas, bed bugs, were eliminated.

Biography

Amina Bargawi is an ambitious Saudi Nurse. She graduated from Nursing College at King Abdul-Aziz University, Saudi Arabia, then she proceed her educational journey locally and on abroad. She has a PhD degree in health care management, in addition to three Master degrees; in community health nursing, in research method & statistics and in health care management. She has multi responsibilities at her organization; as she is organizing the community health nursing service, coordinating the health informatics and statistics, and supervising the continuous professional development of nursing staff. She is an active member of Nursing Committees and Co-president of Saudi Nursing Society.

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