Organization and functions performed by the community nursing in Spain

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The community nursing carries out a large number of functions that have been defined and improved as it has evolved from the family and community medicine in Spain. It has gone from simple accompaniment of the doctor in consultation by filling in flyers or recipes, to have his own agenda and multiple functions, they are evaluated by how complete plans of care of patients who attend daily both on demand and scheduled, and its function is gaining autonomy and complexity with the creation of the figure of the nurse case manager. To describe every day of a primary nurse can be very varied, a normal day begins with the completion of blood extractions in the laboratory, then go to your inquiry where depending on the patient, must carry out both preventive activities for health, health education and tracking features (nutrition education, diabetes, weight management, blood pressure control ...), vaccination, desensitization allergens etc; to long in the morning may be required, at the request of their medical Associates, for the realization of cures, electrocardiograms, and other complementary tests available. Usually, they end the day with home visits, they attend to elderly patients, terminals or with problems of mobilization which limits them go to the health center. Functions performed continue to define, recently assigned follow-up of hospitalized patients calling to discharge the patient's home to worry about the situation and according to the same take appropriate measures.

Biography
Ana Isabel Nogales García received her graduation in Medicine and Surgery at Madrid Autonoma University and her Family and Community Medicine residency training was completed at Infanta Sofia Hospital and V Centenary Health Centre in Madrid. She started her professional career combining general medicine with health care activity in aesthetic medical treatments 17 years ago, but since 4 years is exclusively dedicated to family and community medicine, publishing several articles on various topics in magazines of the sector. She has wide experience in community work, as well as, in clinical work in hospital.

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