Occupational health services conducted in mobile units in RSA

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More and more companies are making use of Mobile Occupational Health Services or out sourcing serves due to the economic climate. A lot of companies just don't have the numbers of employee to enable them to employ a part-time or full time Occupational Health Practitioner. Occupational Medical Practitioners are also employed only for a few hours a week to do physical examinations and check the results. Most companies are not aware what needs to be done or how it should be done. Usually the medical results received are just put on the shelf until the next year when testing is required again. If a risk assessment is not done then the testing will not add value to the health of the employees at the respective companies. The following method is just a guideline of how the medicals should be done and the method includes: A risk assessment with documented findings; Job description & specification; Legal compliance; Medicals; Audiometric testing; Spirometry; Interpretation of results; Monitoring and referral and; Being a "caring employer" and adding value to the health of employees.

Biography
Judy Hendra is a member of Sr Judy Workers Wellness CC. She has attended her Boarding School at Good Hope Seminar Cape town and started her Nursing Career at Tygerberg Hospital in 1976. She has worked in different fields of nursing and worked as midwife for 4 years. She is the Manager of a Creche Baby Section and runs a Home for Senior Citizens from 6 years. She studied through UNISA to obtain her Advanced Nursing Diploma in Occupational Health Nursing & Nursing Administration & Management. She has worked in Occupational Health since 1994 and started her own Occupational Health Mobile Service in 2001. She has written an Occupational Health program in 2006 and developed a Website for the Audiotrack National Data base. She has served in the SASOHN (South African Society for Occupational Health Nurses) committee for many years.

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