

3rd International Conference on **Epidemiology & Public Health**

August 04-06, 2015 Valencia, Spain

What are the factors that influence alcohol consumption in the degrees of medicine, accounting and civil engineering?

Cinthia Coral Rodriguez Vaez, Joya Andrade, C Robles Díaz and E López Grano D
Universidad de Guadalajara, México

Alcohol use is a public health problem by the high prevalence of consumption and mortality associated with this, especially in youth mental disorders. At present, the consumption of alcohol by adolescents constitutes a threat to public health because it generates a negative biological, physical, emotional and psychological level in those who consume it accordingly.

Methodology

Type of study: Longitudinal descriptive

Universe: Students of the degree of Medicine, Civil engineering and accounting.

Student's careers:

- Accounting 576
- Civil Engineering 572
- Medicine Total 376 274 (61 social service) (internship 41).

Population: 120 students of both sexes aged between 18 and 25 years, with a sample size of 40 students respectively were interviewed.

Results: In Civil Engineering obtained better results in terms of alcohol consumption with 100% consuming intoxicants compared with 93% of the accounting degree, followed by 88% of the race of Medicine being the reported that lower consumption, it was found that 100% of the general population is aware that alcoholism is a problem that affects health, 85.8% say that alcohol is an addictive substance if, in the section of questions to assess the drinking frequency was obtained that 93.3% had drunk at least once some alcohol, being a career civil engineering who increased incidence of alcohol obtained to question them about the frequency of alcohol consumption in the survey reported that the last 30 days. Among the family factors that influence alcohol data reported in 100% integrant some of his family consume alcohol, the father remains a constant among the population who consume alcohol, and 50% believe that anyone in your alcoholic family. Friends are part of the social environment in which they operate, the group of young students with whom they share important events in your life and so unexpectedly become a center of influence for behavioral and social development as part of the situational analysis of factors influencing the 63.33% of students said their friends if somehow influence in the consumption of alcohol, with 56.66% the most common reason is celebrating by consuming alcoholic beverages.

Discussion: Factors that predispose to alcoholism are highly variable and are directly related to the etiology of the disease since it affects the family, the economy, the information that each individual has on the subject, genetic factors and social acceptance. With this study, we found as social relations do have a huge impact on the consumption of intoxicants. Most young people have not only tried alcohol once if they do periodically and somewhat higher amounts.

Conclusions: Alcoholism is a disease that we see today with usual recurrence among the student population, as new generations are born influence that society has becomes stronger to settle in our lives giving us a false ideology on the consumption of intoxicating substances causing the population begins drinking from an early age, resulting in the 3rd and 4th decade of life and established a disease of alcoholism in the population. Young people certainly are the most likely by psychological instability that may occur at these ages those seeking acceptance, belonging to a social circle, be trendy, celebrate an achievement, remove stress or forget a problem, taking it all You want to find the escape of a reality that certainly does not like and look to consume alcohol door to peace, relaxation and oblivion. Obviously not just simply disseminating information on alcoholism and harm that this provides, although all the media can find information on the subject is not given a relevant approach, as the information may be available but there a real education in the population.

coral9419@hotmail.com