Allergic rhinosinusitis- Role of surgery

Devendra Kumar Soni  
Prime Healthcare, UAE

Allergic rhino sinusitis is common condition seen in day to day ENT practice. Especially in urban area, people are facing significant nasal symptoms, may be due to more exposure to pollutants and chemicals. Although allergic reaction is hyper immune response of our body to any particular allergen/s and well controlled by medical treatment in form of anti-allergic and steroidal nasal spray with or without oral antihistamines and mast cell stabilizers but there is stage where even use of these medicines do not give significant improvement in patient symptoms of persistent nasal obstruction, decrease or loss of sense of smell. Then the role of surgery comes in scene. Studies done in past found that there is up to 61% reduction of medicine requirement for nasal allergy and asthma postoperatively. Although allergic rhino sinusitis is well controlled by medicine but in chronic allergic rhino-sinusitis and its complication, surgery has a significant role.

Biography

Devendra Kumar Soni has completed his Masters in Otolaryngology in year 2005 from Mahatma Gandhi Memorial Medical Collage, Devi Ahilya University, India. He worked as an Assistant Professor in ENT in MMC, Ambala. He has publications in international and national journals. He has been assigned work of case reviewer in international journal. Presently, he is working as specialist ENT in Prime Healthcare, Dubai.

drsonig@yahoo.com

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