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Description of a case treated in myofunctional postural rehabilitation Di Rocca (MPR)

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Dr. Paolo Ortelli, describes the case of a patient treated in rehabilitation following the concept of RMP di Rocca. The patient, who initially had to undergo a left hip arthroplasty surgery, preferred to take a conservative treatment. According to the parameters of Myofunctional Postural Rehabilitation, the treatment was scheduled as following: the placement of an orthodontic appliance named BED (Body Equilibrium Device) to neutralize tensions resulting from the teeth and the temporo-mandibular joints (especially at night); interventions with homotoxicology treatments done by the Doctor and; osteopathic therapy combined with traditional Chinese medicine and physical therapy interventions on the muscles chains by the Rehabilitator. Even dietary advices and interventions for improving intestinal absorption and metabolism of sugars in general have been implemented to allow a good metabolic and postural functionality. The two professionals show with this clinical case as an example, that the RMP, without interfering on the various techniques used, can serve as a guideline for proper setting of the treatments, while identifying priorities and multidisciplinary intervention times, to achieve the best possible result in both qualitative and economic terms.

Biography

Paolo Ortelli is a Physiotherapist since 1986, and later, after several specializations in manual techniques studied Osteopathy in France, Italy and Switzerland, where he received his Doctorate in Osteopathy at the University Ludes-Oradea (2003). To complete his rehabilitation training, he has focused his interest on Acupuncture and became Doctor of Acupuncture at Beijing University (WFAS, 2011). In the same time, he was trained in Posturology (Orthopraxy) and Method MPR di Rocca. He has published several papers in some local journals and rehabilitation magazines. He works as Rehabilitator and teaches osteopathy and TCM in the RMP di Rocca Concept.

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