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Description of a case treated in Myofunctional Postural Rehabilitation DI ROCCA (MPR)

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Dr. Sandra Schütz, presents the witness and describes the case of a patient treated in rehabilitation following the concept of RMP di Rocca. The patient has been subjected for years to several symptomatic treatments, finally switchover to RMP method turned out to be the right solution. According to the parameters of Myofunctional Postural Rehabilitation, the treatment was scheduled as following: Treatment in mesotherapy of scars, as disruptors of the tonic-postural system; interventions with homotoxicological treatments, in mesotherapy, following RMP diagnosis; osteopathic therapy combined with physical therapy interventions on the muscle chains by the Rehabilitator; the placement of an orthodontic appliance named BED (Body Equilibrium Device) to neutralize tensions resulting from the teeth and the temporo-mandibular joints (especially at night) and; proposals for drainage, detoxication and regulation of the autonomous nerve system, also food supplements and dietary advices for improving detoxification and intestinal rehabilitation with the aim of optimizing the metabolism and the osteoarticular and muscular state. With this clinical case it will be shown, that the RMP, without interfering on the various techniques used, can serve as a guideline for proper setting of the treatments, while identifying priorities and multidisciplinary intervention times, to achieve the best possible result in both qualitative and economic terms.

Biography

Sandra Isabella Schütz has completed her graduation in Medicine at the University of Pavia, Italy, in 1991, she specialized in Physical Medicine and Rehabilitation at the same University in 1997. She focuses her interest on integrated medicine, nutrition homotoxicology and regulation medicine, obtaining different masters. In 2012, she completed the course of musculoskeletal ultrasound. Since 2013, she is working following the RMP method. In 2015, she has completed her International Diploma in Mesotherapy, which gave her the possibility to develop her own strategy within the RMP concept. She is serving as a Counselor in the Swiss Society of Mesotherapy, President and Cofounder of API swiss, and serving as a teacher in the medical area of RMP International School.

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