

# International Conference and Expo on Novel Physiotherapies

August 17-19, 2015 Chicago, Illinois, USA

## An alternative respiratory system in humans

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A small research made by me on my own body since 15 years and I came into conclusion that every human body is having "Alternative Respiratory Mechanism". A Frog having 3 types of respiratory organs in its body and sometimes in adverse conditions they go into hibernation. It is one kind of deep sleep, without motion and consumes little stored energy deposits in its body. It was inspired by me and started my research from 1995 on and in my own body. I found one kind of unique yoga procedure at my house. It is nothing but concentration of vision, heart and push the Air in a single point i.e in 10th hole (Praana) that is known as "life force". I found that one 10th hole existed in every Human's body. The 10th hole which exists above the uvula which is already explained by Lord Krishna in Bhagavad Geeta, Jesus Christ in Bible, Guru Granth Sahib of Sikhs and other saints and religious basic literature make me as a author, founder and developer of "Alternate respiration Mechanism" in humans. The frontal and maxillary sinuses, nasal cavities and nasal vestibules, brain cavities, cerebral fluids react rather passively to pressure changes. This sudden increase in volume forces (Air) into the Brain and other cavities contraction of the tissues and fluids upward and outward causes diffuses/absorption across the brain and sinuses cells and fluids and is then transports to neighbor cells across brain cells. It is this oxygen that is utilizes to oxidize completely the various nutrients producing CO<sub>2</sub>, water and energy. Air entered through 10th hole to brain and same was outward from 10th hole to Nose. Free available Oxygen (O<sub>2</sub>) from the atmosphere and Oxygen dissolved in the water for aquatic organism. The benefits and uses of Alternate respiration system in humans will become future admiral evidence in Medical, Biological, Chemical, and all other scientific inventions in future.

## Biography

Ramakrishna Vaddipally completed Graduation from Osmania University Hyderabad. After his lengthy services in various Govt. departments he resigned from his job and participated for Telangana separate statehood movement & established a Global Organization One 'Mission For Poor Charitable Trust and Farmers Rights Protection Samithi, for the welfare of Poor and Farmers Globally. He is also Honorable Chairman and Advisory committee member Shree Achyutaashrama Hampi, Karnataka State, India. His desire is to establish a "Yoga University" in USA, and India to research more on Alternative respiration organs/systems on Humans and ancient yoga therapies in the world. He believes always that the humans are extraordinary creatures molded and made from Millions of years with a great memory and powers. His duty is to extract, analyze and transfer the extracted knowledge to our next generations.

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