Assess excessive internet uses among adolescent students in Minia and Asyut city

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Background: The internet and mobile technology are increasingly important for the educational and social lives of children, and are becoming a part of children's identity.

Aim: The aim of this study was to assess excessive internet usage among adolescent students of preparatory, secondary and universities.

Methodology: A cross sectional descriptive design was used and conducted at Minia and Asyut city, on 905 students who were randomly selected from preparatory, secondary and university students. Structured questionnaire interview sheet and Young internet addiction test (YIAT) by Young, 1998 were used as instruments for data collection in this study.

Results: The results of this study demonstrated that, 14.3% of the study samples were normal use, 39.1% mild internet use, 40.9% moderate internet use, and 5.7 % severe internet use. There were no statistical significant differences between all socio-demographic data except gender and age; p value was 0.0001 and 0.001 respectively.

Conclusion: It can be concluded that the mild, moderate, severe internet users were common among male than female adolescent students and age ranged between 19-21 years in this study.

Recommendations: This study recommended that, future research should concentrate on the effect of interest use in family, social relationship and academic performance.

Biography
Sanaa Mohamoud Ahmed has completed his PhD from Assiut University. He is a Lecturer of Pediatric Nursing, Faculty of Nursing, Minia University, Egypt and Deputy Director of Quality Assurance Unit, Faculty of Nursing, Minia University. He has published more than 10 papers in reputed journals.

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