The obesity epidemic persists despite global educational efforts and treatment with diet, exercise, and pharmaceuticals. Morbid obesity is closely associated with co-morbid conditions experienced in different aspects of life. Medical often associated with obesity and morbid obesity includes diabetes, sleep apnea, hypertension, arthritis, GERD and pseudo-tumor cerebri. In addition to the above-described co-morbidities, there are a host of other negative collateral effects of morbid obesity such as social (prejudice, shaming), physical (decreased mobility, limited accommodations), economic (limited employment opportunities, higher cost of living, higher cost of medical care), and psychological (low self-esteem, depression) ramifications. To date metabolic/bariatric surgery remains the most effective intervention for morbid obesity with a record of greater than 50% excess weight loss (EWL) maintained beyond 10 years. Surgical treatment of obesity also provides resolution of type 11 diabetes, hypertension, sleep apnea, and many social, physical and economic problems that were due to the obesity. The various surgical options and the outcomes will be presented and discussed.

Biography
M A L Fobi is a board certified general surgeon, specialized in bariatric surgery. He is the Medical Director of the Center for Surgical Treatment of Obesity in Hawaiian Gardens California. He has served as the President of the International federation for obesity and Metabolic Surgery (IFSO) and President of the California chapter of the American Society for Metabolic and Bariatric Surgery (ASMBS). He has published extensively on bariatric surgery, lectures internationally, serves on many editorial boards and a member of several national and international medical societies.

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