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Prevalence of diabetes mellitus disease and its association with level of education among adult patients attending at Dilla Referral Hospital, Ethiopia

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Diabetes mellitus is becoming one of the major health problems in the developing countries. International Diabetes Federation suggests that the number of adults living with diabetes worldwide increases from time to time. The aim this study was to assess the educational level of diabetic patients as well as service given to them and the frequency of the disease over the last four years at Dilla Referral Hospital. Data was collected through self-administer/interviewer administer questionnaire and document review. According to this finding, more exposure to diabetes disease were found on illiterate individuals [15 (37.50%)] followed by primary school, college and university level individuals [9 (22.50%)], [6 (15.00%)], and [5 (12.50%)], respectively. Type II diabetes diseases were highly prevalent across the year than type I diabetes. The prevalence of diabetes mellitus is increasing and type II is more predominate than type I at Dilla Referral Hospital. Therefore, appropriate actions need to be taken to provide access like education and treatment in order to reduce associated complications.

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