An online curriculum to provide skills training in obesity assessment and management to primary care providers

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With support from the National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) under NIH grant #2R44DK091144-01A1 we have developed CME-based skills training for primary care professionals on the topic of adult obesity. The Impact Obesity program provides the latest information, research and resources on adult obesity and practical ways physicians can help manage it. This information is presented using Clinical Tool's Learning Ecosystem, a set of interactive and case-based learning elements designed to engage and excite the reader with interactive features throughout the courses. The Clinical Tools Learning Ecosystem is designed to allow users to interact with the course content using different assessment varieties to reinforce important information. Poll and short answer questions allow users to compare their answers to other respondents. Within each module, the user is introduced to various patient case examples. Complete with medical histories, weight histories and other general information, these case scenarios help illustrate the module's learning objectives by applying the concepts in a simulated, interactive experience. Example patient/provider dialogues appear throughout each case and help to illustrate common scenarios and potential pitfalls that healthcare providers may encounter while speaking with their patients regarding weight management. Resources provide additional information and easy-to-use tools that providers can give to their patients. Protocol icons found throughout this program mark clinical protocol steps that help to guide user's in their practice. We are currently completing a robust evaluation of the Impact Obesity curriculum on confidence, competence and performance outcomes.

Biography

Bradley Tanner has completed his MD from the University of Virginia. He is Associate Professor of Psychiatry at the University of North Carolina and President of Clinical Tools, Inc. an R & D firm specializing in creating and delivering online curricula to health professionals. He has created multiple online curricula and evaluated them fully via support from the National Institute of Health.

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