Oral care and traditional practices harmful to the teeth in Guinea, Sierra Leone and Liberia

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In Guinea the oral diseases have long been given the importance for health instead tooth brushes plants were used because of their effects, analgesic, anti-inflammatory, antiseptic, antibiotic. 1) Phyllanthus floribunda -family euphorbiacé 2) Alchornea cordifolia -Family: euphorbiaceae 3) the Gongrenema latifolia -family asclépiadacé 4) Hyppocratéa indica Family: hyppocratacé. Oral infections were treated with honey, citrus juice and medical leaves Euphorbia hirta children, were added sheets phyllanthus floribunda adults. Today modern toothbrushes and toothpaste are used to reduce the risks and complications dough. These are the traditional practices affecting the health dangerously. Weakening the role of the teeth (mechanical digestion), the risk of tetanus and HIV by cutting the teeth. At 20 years my incisors were cut. To conclude my article, I ask the international committee to intervene so that this traditional practice is prohibited. The epidemic of Ebola fever is endemic by harmful traditional practices that do not improve prevention. In till the day hui continue the same practices here are the results of my queries in the last two months between Guinea Conakry and Sierra Leone these young people and older people live within 200 km of my capital Conakry. Hardly, they accepted photos for fear of being prosecuted because the area was hard hit by the Ebola fever.

Biography

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