Successful *Leishmania* steering immunity cells and mediators to achieve a trade-off balance useful to host and parasite

Parasitic diseases are very often chronic and during such long-lasting infections, host inflammatory and immune cells are quite unresponsive to stimulation by products from the infecting organism and other pathogens. *Leishmania* are hemoflagellate protozoa, which cause three types of illness (cutaneous, muco-cutaneous and often fatal visceral leishmaniasis) exhibiting a high prevalence and incidence worldwide. More information is needed to explain the role of different branches of immune response in leishmaniasis pathogenesis, as well as to get a timely diagnosis, an accurate prognosis and a more effective therapy. Our contribution to understanding mechanism of *Leishmania* disease included *in vitro* model with live protozoa infecting human peripheral blood mononuclear cells, as well as the dosage of serum mediators in infected humans. In our approach with clinical specimens, both conventional and molecular tests were able to verify the presence of *Leishmania* spp. in cutaneous and mucous biopsies of suspected tegumentary leishmaniasis patients. In these subjects, levels of Th2, Treg cytokines, MCP-1 chemokine and CD25+ cells were statistically more elevated than in *Leishmania*-negative patients and healthy controls; on the other hand a decrease of TNFα, VEGF and EGF were found among samples obtained from *Leishmania*-positive group. We noticed the absence of allergic pathologies among parasitized patients. Moreover we sought to reproduce *in vitro* the early phase of the natural infection. Therefore human PBMC were challenged by *Leishmania infantum* or *Leishmania major* infective metacyclic promastigotes. Following 4 hours from *L. major* infection, differently from *L. infantum*, TNF-α, IL-1β, IL-6 levels were significantly higher than controls. However, after 24 hours, promastigotes of both species stimulated significantly higher TNF-α, IL-1β, IL-6 levels. A negative correlation was observed between the parasite concentration and the cytokine levels. Regarding MCP-1 release, at 24 hours, but not at 4 hours, an interesting dose-dependent effect was observed for both species. Nitric oxide levels, at 4 and 24 hours, were increased when lower parasite burden of both species was used; interestingly the higher promastigote concentration of *L. major* or *L. infantum* fails to stimulate nitric oxide levels. The protozoal infection studied seems to reduce major Th1 response cytokines, while increasing both immune cells and mediators with regulatory/inhibitory effect, in both *in vitro* and in the clinical approaches used. Host might take advantage in reducing re-infections, as well as immunopathology/allergies. *Leishmania* species may exploit immunoregulatory mechanisms in early steps of infection in order to evade the host immune system and in the chronic phase to protect the earned host niche against other invaders. The clinical impact of our findings consists in the relevant number of mediators which could be proposed as potential diagnostic and prognostic biomarkers helpful to integrate clinical management of leishmaniasis.

**Biography**

Giovanni Matera obtained his MD from University of Messina, Italy, in 1982 and PhD in Microbiology in 1987. He is a Specialist in Infectious Diseases in 1994. From 1985 to 1986 he was a Post-doctoral Fellow at the Medical University of South Carolina, Charleston, USA. From 1986 to 1988, he worked as a Research Associate at the Dept. of Microbiology, University of Saskatchewan, Canada. He was an Instructor from 1990 to 2000 at the Chair of Microbiology, University of Catanzaro. From 2000 to 2006, he was an Assistant Professor and since 2006, Associate Professor of Microbiology and Clinical Microbiology at the same University. Since 2008, he was Head of Simple Unit “Parasitology” at O.U. Clinical Microbiology, University of Catanzaro. His main lines of research are biological effects of bacterial endotoxins; physiopathology of sepsis and markers of systemic infections and endocarditis, the mechanisms of anti-bacterial drugs; laboratory diagnosis of infectious diseases and clinical parasitology. He is the author of over 80 articles published in reputed international journals of *Microbiology and Infectious Diseases.*

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