

4th International Conference and Exhibition on **Occupational Health & Safety**

August 24-25, 2015 Toronto, Canada

Helminth and bacteria co-infection among school aged children in Ijoun, Yewa north local government area, Ogun state, Nigeria

Morenikeji O A, Abdullahi Z A, Adeyemo A A and Ogunleye V O
University of Ibadan, Nigeria

This study determined the prevalence of co-infection of intestinal helminthiasis and bacteria causing Chronic Suppurative Otitis Media (CSOM) among school-aged children in Ijoun, Yewa North Local Government Area, Ogun state, Nigeria. Helminth eggs were checked for in faecal samples using formol-ether sedimentation technique and ear swab was collected and cultured in the laboratory using blood and macConkey agar. All the school aged children were between 5- 19 years old (mean age 11.5 ± 3.3 years) from primaries two to six. Out of a total of 300 participants, 108 (36%) of the subjects were infected with helminth parasites: *Ascaris lumbricoides* (28.7%), hookworm (6.7%) and *Strongyloides stercoralis* (0.7%). Differences in the prevalence of helminth infection between the sexes was not statistically significant ($t = 1.40$; $p > 0.05$), but was statistically significant between the age groups ($\chi^2 = 10.23$; $p < 0.05$). A total of 17 (5.7%) of the study population was found to have CSOM. The bacteria isolated include: *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Proteus mirabilis* and *Haemophilus influenzae*. Some (2%) of the study population were found to be co-infected with helminth and bacteria infection. Results showed that among the co-infected children, 50% had heavy intensity of helminth infection when compared with single infected children (11.8%). So also 66.7% of the co-infected children had heavy growth of bacteria when compared with those with single infection with bacteria (27.3%). The present study showed that co-infection can increase the susceptibility to other infections.

jumokemorenikeji@yahoo.co.uk

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