

13<sup>th</sup> International Conference and Exhibition on

# DENTAL MEDICINE

August 08-10, 2016 Toronto, Canada

## The successful treatment of obstructive sleep apnea in the dental office

**John Nadeau**

Sleep Group Solutions, USA

The presentation will be highlighted with the following topics: 1) Introduction to sleep – sleep stages, disorders; 2) Sleep apnea prevalence – Why is there a need for treatment? 3) Sleep apnea symptoms/clinical issues; 4) Treating snoring and sleep apnea in a dental office – protocol review; 5) Patient education; addressing key issues and getting a snoring patient to convert to a sleep apnea treatment case; 6) Prepare overnight home sleep study for select for the course attendees; 7) Pharyngometer/Rhinometer; 8) Working with sleep physicians; 9) Home sleep tests; 10) Dental sleep medicine, a step-by-step protocol flow chart; 11) Working with popular oral appliances like the TAP, Respire, EMA, SilentNight and more; 12) Appliance review – Pro's and con's of all of the major sleep appliances; 13) Case presentations; 14) Medical insurance billing; 15) Review of the latest codes, fees, procedures and recommendations from SGS experts who are doing this daily.

### Biography

John Nadeau, Vice-president of Sleep Group Solutions has been actively involved in Dental Sleep Medicine since 2002. He has worked with several hundred dentists in the field and helped many of them get started with sleep in their own practices. An expert on airway acoustic imaging and home sleep testing, he authored the SGS protocol manual detailing the steps-by-step process in taking a patient from initial screening through diagnosis, treatment and follow-up. His passion for dental sleep medicine comes strongly in his lectures and he has been an invited guest instructor at many dental meetings and teaching facilities across North America.

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