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Unusual presentation of Ebola virus disease and post Ebola syndrome: Need for further studies

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The Ebola viral disease (EVD) outbreak affecting West Africa (mainly Guinea, Liberia and Sierra Leone) during the last year has showed the small knowledge we had about the Hemorrhagic Viral diseases and showed the need for further studies and research in that area. We had to learn, as we were facing the outbreak, about the clinical features of the acute phase of EVD, the ways of transmission and the structures and resources required to control the epidemic; but, currently, we need to adapt to the new scenario and start discovering and learning about the sequelae and the post EVD syndrome and how these factors can affect the persistence of the disease in the area besides the consequences of the disease in the survivors population. We present several cases of survivors with unusual presentation (neurological sequelae with and without persistence of the virus in CSF, polyarthralgias, EVD relapse in relationship with immunosuppression/HIV, etc) and complications that were not expected and still require further studies and research in the field.

Biography

Marta Lado works as the Infectious diseases Coordinator of the King's Sierra Leone partnership, a branch of King's Global Health partners (King's College London), based in Freetown, Sierra Leone since March 2014. She has worked during all the Ebola Virus disease (EVD) outbreak in West Africa, mainly in the frontline of an Ebola Unit (one of the first one in the country) as the Doctor In Charge, as a Consultant and Advisor for the Case Management Pillar in the National Ebola Response Centre (NERC) of Sierra Leone and for the elaboration of the EVD guidelines of the World Health Organization (WHO) for approach, management and control of Ebola. She is still working in the transition and reconstruction of the health care system in Sierra Leone besides collaborates in the care of EVD survivors and the establishment of a free care package for survivors and the research about the disease and the post EVD syndrome.

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