The efficacy of thrombosis and oedemas by treatment of Hijamah/wet cupping therapy

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**Aim:** The purpose of this presentation is to provide an understanding and form a correlation between modern day diseases and the treatment by an ancient proven mode of medical care known as wet cupping or Hijamah (Arabic Medicine).

**Method:** Oedema is the medical term for fluid retention in the body. The build-up of fluid causes affected tissue to become swollen. The swelling can occur in one particular part of the body – for example, as the result of an injury – or it can be more general. This is usually the case with oedema that occurs as a result of certain health conditions, such as heart failure or kidney failure. More often this is associated with the obstruction of lymph channels which are commonly termed as lymphedema and form in the lower limbs although can affect any part of the anatomy as aforementioned. It inhibits the body’s natural way of draining well and this fluid build up leads to swelling.

**Results:** At present there is no cure for lymphedema by western medicine and can only be managed by massage or tight wraps and usually the patient is prescribed diuretic drugs such as Esidrix or Zaroxolyn or loop diuretics which of course can further harm the body in other ways.

**Conclusion:** The removal of deep vein thrombosis and oedemas are possible without the use of evasive surgery. It is safe and highly effective. The results are immediate and sustained with no known side effects. Hijama is an integrative curative and a preventative mode of treatment.

**Biography**

Iqbal Mohammed graduated from University of Derby, UK. He has an expertise in Cupping treatment. He has attended many international conferences on traditional and alternative medicine.

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