Cancer Stem Cells in Colorectal Cancer: Genetic and Epigenetic Changes

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Abstract
Colorectal cancer (CRC), an age-related disease, is the third most common cancer in the world. Although sporadic CRC, that affects 80-85% of CRC patients, is a multi-step process initiated by APC gene mutation, it is becoming increasingly evident that a small sub-population of cells termed cancer stem/stem-like cells (CSCs/CSLCs) plays critical roles in the progression of this malignancy specially the recurrence and drug resistance. The current review will summarize genetic and epigenetic changes observed at different stages in the progression of sporadic CRC. In addition, roles of miRNAs that control gene expression and CSCs/CSLCs in regulating proliferation, differentiation, and survival of the colon cancer cells will be summarized.

Keywords: Colorectal cancer; Cancer stem like cell; Genetics; Epigenetics; miRNAs

Introduction
Colorectal cancer (CRC) is the third most common cancer in the world. Approximately 1.23 million individuals worldwide will develop CRC and 0.6 million people will die of it annually [1]. In the USA, the American Cancer Society has estimated that 103,170 new cases of colon and 40,290 of rectal cancers will be diagnosed in 2012 with an expected death of about 51,690 [2]. The majority of colon cancer arises sporadically, the incidence of which increases markedly after the age of 50 years; only about 25 percent of the hereditary cases occur earlier than the sporadic colon cancer [3].

Although the reasons for the age-related rise in sporadic CRC are not fully known, sedentary lifestyle, diet rich in red meat and unsaturated fats, high energy intake, alcohol consumption are considered to be the major risk factors [4]. Hereditary CRC are of two types: Familial Adenomatous Polyposis (FAP) including an Attenuated Form of Polyposis (AFAP) due to germline mutations in the APC gene [5], and Hereditary Nonpolyposis Colon Cancer (HNPPC)/Lynch Syndrome (LS), which is also caused by germline mutations in DNA Mis-match Repair (MMR) genes [6,7]. Some other hereditary CRC are not associated with an identifiable hereditary syndrome; they are collectively known as familial CRC [8].

Colorectal cancer arises from polyps which are the localized lesions (benign growth) projecting up the surrounding mucosa. Most colorectal polyps are hyperplastic. Adenomatous polyp or adenoma arising from glandular epithelium with dysplastic morphology and altered differentiation of epithelial cells are the precursor of carcinoma [9]. Only a few of adenomas develop into cancer over the years.

Cancer Stem/Stem like Cells and Colorectal Cancer
Despite the fact that surgery and subsequent chemotherapy can cure over 75% of colon cancer patients, more than 30% of these patients develop new neoplastic polyps, and 10% progress to frank second malignancy. The underlying biochemical and molecular mechanisms for the recurrence of CRC have not been fully elucidated.

It has been suggested that germline variants in CSC/CSLC genes give rise to altered gene function, which causes variation in tumor recurrence capacity and chemoresistance among patients [10]. CSCs/CSLCs are defined as “a cell within a tumor that possesses the capacity to self-renew and to cause the heterogeneous lineages of cancer cells that comprise the tumor” [11]. However, this definition does not reveal the origin of CSCs/CSLCs-they may either originate from stem/progenitor cell or from differentiated cells [12]. Hence, the terms “tumor-initiating cell” or “cancer stem-like cell” are recommended instead of “cancer stem cell”.

The concept of CSCs/CSLCs in the maintenance and progression of many types of cancer is now well accepted and continues to gain credibility as more evidence is uncovered. The CSC/CSLC model proposes that a population of CSCs/CSLCs exists within the tumor which is able to self-renew and differentiate into transient amplifying cell before terminally differentiating [13]. CSCs/CSLCs isolated from different solid tumors, including the colon are usually identified by specific surface markers. Colon cancer stem or stem-like cells have been shown to express CD44, CD166, CD133 and ESA (epithelial-specific antigen, also known as EpCAM) surface markers [14,15]. Cells expressing these surface markers have the ability to form tumors at a much diluted concentration in SCID mice and histologically resemble the primary tumor from which they were derived [16]. Another characteristic of CSCs/CSLCs is their ability to invade and metastasize by acquiring epithelial-mesenchymal transition (EMT) phenotype that can be determined by examining the expression of E-cadherin and vimentin which represent the effectors for WNT and notch signaling [17]. We have reported that Wnt/β-catinin signaling plays a critical role in regulating growth and maintenance of colon CSCs/CSLCs [18].

In vertebrate, somatic/adult stem cells are found practically in all tissues either replenishing dying cells or regenerating damage/injury. Most of the human malignancies arise from tissues containing an active stem cell population [19]. The stem cells are being increasingly...
recognized as being the target of cancer initiating events as both genetic and epigenetic alterations could lead to the processes of carcinogenesis [20,21]. Aging increases the rate of DNA damage by impairing the DNA repairing systems. In one hand DNA damage in stem cells will decrease its number by apoptosis; on the other hand DNA damage leads to the accumulation of mutations and epimutations in surviving stem cells which are escaped through DNA repairing system. Accumulating mutations and epimutations augment the age-related neoplastic transformation, and affect stem cell function by altering transcriptome [22].

**Genetic Changes in Colorectal Cancer**

A series of deleterious molecular alterations is responsible for the transition from normal epithelium to carcinoma. CRC is a multistage process, involving multiple genetic changes that provide tumor cells with a selective advantage to expand their clones [23]. Genetic changes that occur at different stages of epithelial cell carcinoma have been extensively studied by Fearon and Vogelstein in human colon cancer [24,25]. Majority of CRCs result from chromosomal instability (CIN); 20% to 30% of CRCs display characteristic patterns of gene hypermethylation, termed CpG island methylator phenotype (CIMP), of which 15% of CRCs have microsatellite instability [26]. The spectrum of somatic mutations contributing to the pathogenesis of CRC is wide. Sixty-nine genes were identified as relevant to the pathogenesis of CRC. Nevertheless individual CRC carries an average of nine mutant genes per tumor. In addition, every tumor shows a distinct mutational gene signature [27].

CIN cancers are characterized by chromosome number (aneuploidy) with frequent detectable losses at the molecular level of portions of chromosome 5q, 17p, 18q; and mutation of the KRAS oncogene. The important genes involved in these chromosome losses are APC (5q), DCC/MADH2/MADH4 (18q), and TP53 (17p) [28] resulting in instability at the molecular and chromosomal levels (Lengauer et al.). One of the key events in the colorectal tumor progression is the loss of the APC gene, which appears to be consistent with germline mutation of the gene. Acquired or inherited mutations of DNA damage-repair genes (MMR) also affects colorectal epithelial cells to malignant transformation. The top somatic mutations in human colon cancer are in the following genes: APC, BRAF, CTNNB1/beta-catenin, FBXW7, KRAS, PIK3CA, SRC, and P53.

**Epigenetic Phenomena Associated With Colorectal Cancer**

Epigenetic processes do not include changes in DNA sequence, but are potentially reversible genetic modifications leading to genomic instability and malfunction [29]. The estimated loss of epigenetic control may be one to two fold(s) more than that of somatic DNA mutations [30]. Epigenetics changes include: (i) altered DNA methylation, (ii) chromatin remodeling [31] and (iii) non-coding small RNA (miRNAs) [32]. Notable changes in epigenetics have been reported for several age-related diseases (ARs), including CRC [33]. Three types of altered DNA methylation patterns are found in human cancer: hypermethylation, hypomethylation, and loss of imprinting (LOI) [34]. LOI refers to the loss of the differential expression of parental alleles, which is dominant in embryonal tumors [35]. The global DNA hypomethylation, hypermethylation of tumor-suppressor genes and inactivation of miRNA by DNA methylation also has been described in human tumors [36-38]. In fact, only about 10% of CRC are characterized by the “classic” genotype [39].

**DNA hypomethylation and colorectal cancer**

The degree of methylation of DNA has great impact on the process of carcinogenesis. Global DNA hypomethylation on their promoter induces expression of proto-oncogenes [40]. The global hypomethylation rate of 8-10% has been recorded in colon adenomas and adenocarcinomas [41]. CDH3 (P-cadherin) and CD133 genes are often demethylated in advanced colorectal carcinomas [42]. Increased hypomethylation of LINE-1 is also observed in colon carcinoma, compared to that noted in dysplastic polyp and histological normal colonic epithelium [43]. LOI is seen in about 40% of CRC tissue [44].

**DNA hypermethylation in colorectal cancer**

In the human genome about half of all protein-encoding genes contain CpG-rich regions in their promoters or CpG islands called CpG Island Methylator Phenotype (CIMP). Aberrant hypermethylation of CpG islands represses transcription of tumor suppressor genes [45]. The role of CIMP in colorectal carcinogenesis was first described in 1999 by Toyota [46]. The CIMP+ CRC group contains more frequent KRAS but less TP53 mutations compared with the CIMP− group.

**CIMP2A/p16 gene** is more frequently methylated in lymphatic metastasis of CRC [47] and advanced CRC [48]. Wnt antagonist DKK-1 is methylated in advanced CRC [49]. APC and ESR1 promoter methylation are associated with metastatic colon cancer. Methylated APC is found in liver metastasis than in primary CRC [50], and ESR1 methylation is detected in resected lymph nodes from CRC patients with UIICC stage I and II [51]. ID4 and HPPI/TEPEF display a higher methylation in liver metastases compared to local CRC [52].

**miRNA**

Over the past decade, evidence has been accumulating showing that dysregulation of certain microRNAs, a class of endogenous small non-coding RNAs containing 19-22 nucleotides’ that control gene expression usually through binding to the seed sequence at the 3’-UTR of target mRNAs, can also affect the functional properties of genes [53]. For example, miRNA-21, an oncomir, which is upregulated in many solid tumors, including the colon, targets not only tumor suppressors genes such as tropomyosin 1 (TPM1) [54], phosphatase and tensin homolog (PTEN) [55], and programmed cell death 4 protein (PDCD4), but also other genes that are involved in suppression of invasion and metastasis. The latter includes maspin [56]. Expression of all these proteins in cancer cells was shown to be downregulated by elevated levels of miR-21, conversely inhibition of miR-21 decreased tumor cell growth, migration, and invasion [54-56]. Promoter of miR-21 contains binding sites for transcription factor STAT3 which is activated by IL-6 signaling pathway. Hence miR-21 expression is induced by IL-6 [57]. Upregulation of IL-6 is often observed in aging and tumorigenesis [38]. We have showed that miR21 induces stemness in colon cancer cells by downregulating TGFβRIII [39]. Additionally, we have observed that the levels of miR-21 are greatly elevated in 5-FU and Oxiaplatin resistant (chemo-resistant) colon cancer cells (unpublished observation). This is of particular significance since chemoresistant colon cancer cells, which we have shown to be highly enriched in CSCs/CSCCs; [60,61] are responsible for the development and progression of many malignancies, including CRC [62].

In contrast to miR21, the family of miR-34 including 34a, b and c, are downregulated in CRC [63,64]. These tumor suppressive miRs (TSG miR) play critical role in progression of CRC and for drug-resistance [65]. It has been demonstrated that p53 acts as transcription factor to increase the expression of the miR-34 family. Interestingly,
the functional properties of p53 are under the influence of miR-34. In fact, a positive feedback loop is found to be present between p53 and miR-34a [66]. The p53-induced expression of miR-34a has been shown to inhibit its target gene SIRT1, a histone deacetylase [66]. Down-regulation of SIRT1 expression up-regulates p53 acetylation and the transcriptional activity of p53 [67]. Expression of miR-34 induces cell cycle arrest, inhibition of invasion and migration and p53 induced apoptosis [68,69].

**Histone modifications in the pathogenesis of colorectal cancer**

The nucleosome unit is consist of four core histone proteins, H2A, H2B, H3 and H4 forming an octamer wrapped by 147bp segment of DNA in 1.67 left-handed superhelical turns. Linker histones i.e. H1 helps to bind the DNA to the core particle. Highly basic histone N-terminal domains protrude from the nucleosome. Eight different types of modifications have been noted in multiple sites of lysine and arginine residues of the free N-terminal domains. They are acetylation, methylation, phosphorylation, ubiquitylation, sumoylation, ADP ribosylation, deamination and proline isomerization. Acetylation and methylation comprise the majority of known modifications.

Acetylation occurs in lysine residues of the four core histones, counter balanced by the opposite effects of two main enzyme Histone Acetyltransferases (HATs) and Histone Deacetylases (HDACs). Substantial acetylation either results in the alteration of the electrostatic charge of histones and thus the chromatin structure (cis mechanism), or function as binding sites for bromodomain protein recognition motifs specific for recognizing acetylated lysine residues (trans mechanism) [70]. These conserved domains bind acetylated, non-histone polypeptides (such as transcription factors) to regulate intracellular signaling [71]. Global loss of acetylation of histone H4 at lysine 16 (H4K16ac) was the first histone modification reported in CRC [72]. Global hypacetylation of H4K12 and H3K18 is associated with poorly differentiated colorectal adenocarcinomas [73]. H3K9 hypoacetylation is found in histological condition of metachronous CRC liver metastasis. Deacetylation of the same residue results if inactivation of the tumor suppressor gene E-cadherin in CRC cell lines [74]. H3 and H4 acetylation is critical for transcriptional activation of 15-lipoxygenase-1 (15-LOX-1); its transcript is downregulated in CRC cells [75]. Decrease of p21WAF1 transcription is associated with down-regulation of H3K4me2 in the coding region of NDRG1 in SW620 cells was correlated with down-regulation of NDRG1 expression in CRC metastasis [79]. H3K9 tri-methylation was found to be increased in HCT116 cells, possibly promoting silencing of tumor suppressor genes [80]. Over expression of G9a, a H3K9-specific p53 methyltransferase is reported in CRC among other types of cancer and it likely affects gene expression [81].

**Colonic Crypt Organization and Tumorigenesis**

The inner epithelial layer of the human colon is lined by a single layer of columnar epithelial cells, which form finger-like invaginations into the underlying connective tissue of the lamina propria, called crypt. Millions of crypts are present within the colon and stem-cells are located at the base of the crypt. When an initial mutation occurs in a basally situated crypt stem cell it generates mutant clone migrating up the crypt and colonizing at the base of the crypt, thereby replacing the non-mutant stem-cell. This process of taking over and replacing the normal stem cell niche with new clones is called niche succession [82]. Ultimately the entire niche will be colonized with mutant stem cells, and the crypt is filled by the progeny- this event is termed the monoclonal conversion [82].

The bottom-up model of colonic tumorigenesis as depicted in Figure 1A describes that unlike transit proliferative cells moving steadily towards the crypt surface, slow-dividing stem cells reside at the base of the crypt; thereby accumulating oncogenic mutations for a phase of pre-cancerous latent periods and subsequently gives rise to the transformed colonic epithelial cells a direct progeny of a mutant stem cell which in turn produce dysplastic crypts arising from the bottom of the crypt. Nevertheless, dysplastic cells are usually found at the luminal surface of the crypt while the cells at the bottom appear morphologically normal in the same crypt. To resolve this controversy Shin et al proposed the top-down model of colonic tumorigenesis (Figure 1B) [83]. They evaluated the molecular characteristics of cells isolated from the bases and orifices of the same crypt in small colorectal adenomas and found that the dysplastic cells at the top of the crypt often exhibited genetic alterations of adenomatous polyposis coli (APC) and neoplasia-associated patterns of gene expression whereas the cells located at the base of the crypts neither had genetic alterations nor were clonally related to the contiguous transformed cells on the top. On the basis of these observations, they concluded that development of adenomatous polyps progresses through a top-down mechanism. Neoplasms are originated from the stem cells located in the inter-cryptal zones i. e. between crypt orifices rather than those residing at the base of the crypts [84]. Genetically modified cells in the superficial part of the mucosa migrate laterally and downward to...
form new crypts which subsequently connect to the preexisting normal crypts and ultimately replace them.

**Adenoma to Carcinoma Succession**

Adenoma to carcinoma succession is a long and complex process. There is no doubt that CSCs/CSLCs are involved in this process. We have previously shown that colon cancer stem-like cells are present in the premalignant adenomatous polyps as well in normal appearing colonic mucosa [85-87]. Age-related rise in CSC/CSLC in macroscopically normal colonic mucosa suggests a predisposition of the organ to developing colorectal cancer [86]. We also showed that aging increases vulnerability of the colon to carcinogen(s)/toxicant(s) resulting in enrichment of CSCs/CSLCs with increased expression of CSC/CSLC markers: CD44, CD166 ALDH-1 and increased expression of miR-21 an oncomiR [87]. These and other relevant observations led us to suggest that aging is a risk factor for development of colorectal cancer.

**Future Directive**

Epigenetic modifications are useful biomarkers for early detections of CRC- (i) especially for asymptomatic tumors; (ii) unlike genetic mutations they can be quantified miRNAs, DNA methylation are now being used for the diagnosis and determination of prognostic responses to chemotherapy in patients with colorectal tumor [88]. Epigenetic modifications are dominating over genetic modifications because of their reversibility and are being used as therapeutic targets. DNMT and HDAC inhibitors are long been in practice as a backup for mutations they can be quantified miRNAs, DNA methylation are present in the premalignant adenomatous polyps as well in normal appearing colonic mucosa [85-87]. Age-related rise in CSC/CSLC in macroscopically normal colonic mucosa suggests a predisposition of the organ to developing colorectal cancer [86]. We also showed that aging increases vulnerability of the colon to carcinogen(s)/toxicant(s) resulting in enrichment of CSCs/CSLCs with increased expression of CSC/CSLC markers: CD44, CD166 ALDH-1 and increased expression of miR-21 an oncomiR [87]. These and other relevant observations led us to suggest that aging is a risk factor for development of colorectal cancer.

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