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Level of alcohol consumption and its affective correlates among hospitalized patients

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Everybody now-a-days are facing stressful situations and are unable to cope with too much stress. They start taking support of substance and alcohol and get addicted. Due to which they meet with accidents and suffer with many medical problems in chronic condition and ultimately are admitted in hospitals. Even after they do not leave the alcohol drinks. Sometimes they increase the amount of alcohol to get relief from pain and other stressful conditions. The aim of the present study was to explore the level of alcohol consumption with its affective correlates among patients. Using purposive sampling, 100 patients admitted in orthopedic and medicine wards admitted in Guru Nanak Dev Hospital, Amritsar, Punjab were selected. Level of alcohol consumption is assessed by standardized tool i.e. AUDIT (Alcohol Use Disorder Identification Test) in patients and affective correlates are measured by IDTS (Inventory of Drug Taking Situations). The one third of patients (37%) had mild level of alcohol consumption whereas more than half (57%) had moderate hazardous affective correlates. Alcohol consumption and its affective correlates were positively correlated. Physical reasons were commonest affective correlates for alcohol consumption among them in comparison to psychological and social correlates. There was statistically significant relationship of education, religion, type of family and family income at $p < 0.05$. Conclusively this study revealed that both level of alcohol consumption and affective correlates had positive relationship with each other.

Biography

Amanpreet Kaur, PhD, is a Professor and has been teaching nursing research, psychiatric nursing and advanced nursing practice at Khalsa College of Nursing, Amritsar, Punjab (India) since 2007. Before coming to this institute, she has worked as an RN in Burns & plastics unit in Christian Medical College & Hospital, Ludhiana. She received her bachelor's and master's degree in psychiatric nursing from Baba Farid University, Faridkot and PhD from Rajiv Gandhi University of Health Sciences, Bangalore. Her primary research interests on mentally ill patients, drug addicts, baggers, slum dwellers and prisoners. She is passionate to study more about healthcare needs and challenges of vulnerable population. She received Mrs Sarla Kapoor award for best research paper presentation from ISPN (Indian Society of Psychiatric Nurses). She is the author of two books and book chapters. She has presented at both local and national levels and has authored several articles for publication.

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