

14th World Congress on
PSYCHIATRIC & MENTAL HEALTH NURSING
&
5th World Congress on
MENTAL HEALTH AND WELLBEING
July 25-26, 2018 | Vancouver, Canada



Brad Marsden

Suicide Prevention Facilitator, Canada

The effects of oppression and historical trauma workshop

A powerful experiential workshop to help educate Non-Native Service Providers of the collective trauma that has impacted Native people throughout Canada's history. After understanding that a collective trauma exists, participants will better understand how the feelings such as; fear, shame, learned helplessness, and anger began to infiltrate into our communities and led to the disempowering behaviors and social conditions that we see today. With this change in perception by having experienced these impacts during the workshop, participants will have a more accurate understanding of why Native people see, think, feel and behave the way they do. As a result, service providers will be better prepared to effectively communicate and empower the Native People of their community.

Biography

Brad Marsden is from the Gitsegukla Indian Reservation within the Gitksan Nation in Northern British Columbia, Canada. He is an Inter-Generational Survivor of the Residential Schools in Canada. He believes his workshop will affect the way the service providers feel about these native impacts and as a result the way they see native people.

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