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Importance of the use of cartography for residents of psychology in Quilombola communities

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Cartography is an instrument used in health in order to understand the process of the state of health of a given territory, indicating a procedure of analysis for the constant transformations and movements of a community. The importance of the use of this instrument for Residents of Psychology would be to know in a comprehensive way the health population served, especially when this community is quilombola, presenting different characteristics and difficulties. In this sense, the objective was to present an experience report about the importance of the use of cartography in the practice of Residents of Psychology in a quilombola community, Curiau, located in the city of Macapa-AP / Brazil. Thus, a bibliographic review was carried out using the keywords "Cartography", "Primary attention" and "Quilombola community" in a database site of Scielo and Bireme; after that, an interview with the Community Health Agents about the community and on-site visits was carried out. The construction of the cartography resulted in an understanding of the health-disease situation of the population enrolled in the Basic Health Unit, and it is possible to reflect more about the reasons for the low demand for the Psychology services, allowing to think about new strategies to combat the low demand in the services. In this way, cartography facilitated the comprehension of the behaviors and beliefs that the community possessed, offering a complete and dynamic understanding, since, in each territory crossed by the residents of psychology, the behaviors and beliefs of the community change in the same health demand.

Biography

Carla Madeira completed her graduation at age 22 at Faculdade Estacio de Macapa and is currently specializing in Collective Health, in the area of Adult and Elderly Health, through the Post-Graduation Program in Multiprofessional Residency of the Universidade Federal do Amapa (UNIFAP). In addition to being a Resident Psychologist at UNIFAP, Carla is a Researcher at the Amapaense Institute for Research in Cognitive-Behavioral Therapy, since 2016.

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