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Amazonian women: Psychosocial prevention to depression in primary attention to women scalped by the axle of a boat motor

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Scalping accidents among riverine women are due to the total or partial removal of the scalp through the axis of unprotected boat engines, causing not only physical but also psychological damages, since hair loss may affect women's perception of self-image, resulting in a possible depression. Primary care, through the Basic Health Units (BHU), is responsible for the integral care of the enrolled population and must be prepared to receive cases of scalping. The study aimed to point out the importance of the prevention performed in the BHU about Depression in the women victims of scalping by the axis of the motors of unprotected vessels. The methodology adopted was a bibliographical review, with a qualitative approach, using scientific articles found through the following keywords: "depression", "scalping" and "primary care", is obtained from a database site such as SCIELO and LILACS. As a result it can be observed that the multi-professional work on Depression prevention in scalped women in BHU is of paramount importance, since psychosocial prevention can offer the user adequate support to achieve a cognitive restructuring about herself, the world and others, influencing self-esteem, self-concept, and self-efficacy, which are variables that influence the affective-emotional state; besides giving social guidance to the family about necessary care. The BHU should be attentive to local health problems and the reality of the population ascribed, offering quality health services and a comprehensive view of its users because scalping accidents are not uncommon in the Amazon.

Biography

Carla Madeira completed her graduation at age 22 at Faculdade Estacio de Macapa and is currently specializing in Collective Health, in the area of Adult and Elderly Health, through the Post-Graduation Program in Multiprofessional Residency of the Universidade Federal do Amapa (UNIFAP). In addition to being a Resident Psychologist at UNIFAP, Carla is a Researcher at the Amapaense Institute for Research in Cognitive-Behavioral Therapy since 2016.

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