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## Bio-Physical tendencies with applied methods of mind/body/soul techniques sound frequencies and including the art of intuition

#### Marilyn Parkin

International College of Medical Intuition, Canada

The study was conducted to determine the effects of sound vibration on individuals with depression. The study also examined changes to the blood cell after the intervention of vibratory frequencies ranging from 120Hz to 10Hz throughout the magnetic field of the body. Variables introduced were time frame of one hour of control group listening to music and experimental group positioned on a sound vibrational treatment table to absorb the music vibrations. The random study was conducted on 60 subjects with inclusion of 25 to 45 years of age and >6 months maintenance dose of antidepressant drug, Paxil. Measurement was accomplished through evaluation of Live Blood Analysis and Hamilton Rating Scale for Depression. A blood draw process of Live Blood Analysis was obtained and examined for specific quality and level of visible clumping. Post blood analysis determined less clumping and healthier activity of the cell after intervention in the experimental group. The Live Blood Analysis of the control group remained unchanged. Hamilton Rating Scale for Depression indicated decreased levels of depression in experimental group. Hypothesis supports changes toward healthier cellular activity and appearance of less blood cell clumping and decreased level of depression with increased levels of frequency through sound vibrational treatment table. Application of this model has been applied within informal studies and observations on adults and children for various conditions with similar results.

### **Biography**

Parkin has been a practicing Medical Intuitive for several years. She earned her PhD in Energy Medicine through an innovative program designed by Dr. Norm Shealy and Dr. Caroline Myss. Dr. Parkin previously spent many years in nursing and holds a degree in Sociology and Psychology. She also teaches Health and Empowerment seminars worldwide and has founded the International College of Medical Intuition, Inc (2002) which has locations in Hawaii, Vancouver and NY.

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