

2nd World Congress on **Breast Cancer**

September 19-21, 2016 Phoenix, USA



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Naturopathic Oncology Research Institute, USA

Breast cancer survivors' choices in treatment and diet

In this study we followed breast cancer survivors up to 7 years following initial encounter in a naturopathic clinic. Most survivors had surgical resection of their entire tumor burden, followed by at least 36 intravenous nutrient treatments, administered under the medical direction of the author. Some of those in remission chose to return for follow-up intravenous nutrients once per month after they were observed to achieve remission from their cancers. We compare this group with those who had the intravenous nutrients without any surgery, as well as those who had the surgery plus IV nutrients, plus chemotherapy. We compare the different cohorts for survival, treatment choices, disease status, current dietary habits and self-reported quality of life. Comparison is also made among those whose initial diagnosis was Stage I, II, III or IV. We examine in particular detail the diet and lifestyle of the cancer survivors. 97 total cancer survivors responded fully and promptly to detailed questionnaires, in which they indicated whether they had 3 times or more per week items from a long list of foods and beverages, and whether they exercised. 37 of those were breast cancer patients. We compare the diets and lifestyles of those in remission versus those who continue to suffer from breast cancer.

Biography

Colleen Huber NMD is a Naturopathic Medical Doctor in Tempe, Arizona. She is President of the Naturopathic Cancer Society. She is a Naturopathic Oncologist and Fellow of the Naturopathic Oncology Research Institute. Her writing includes her book, Choose Your Foods Like Your Life Depends On Them, and she has been featured in the Defeat Cancer book. She authored the largest and longest study in medical history on sugar intake in cancer patients, which was reported in media around the world in 2014. Her academic writing has appeared in The Lancet and Cancer Strategies Journal, and other medical journals.

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