

8th International Conference on

ADDICTIVE DISORDERS AND ALCOHOLISM

May 17-18, 2018 Singapore



Ian Young

Sober Services Global & Sober Academy, UK

Addiction interventions: With love, honesty and boundaries, supporting the family to help addict's access treatment immediately

Do you want to increase the number of clients accessing your addiction treatment services? The challenge has always been that family members are crying out for help in many directions, whilst their loved one is in a desperate place, but yet be unable to force them into treatment due to their unwillingness to accept their circumstances or admit defeat to their dependencies. This is called denial, and it leads to many more months/years of debilitating health and poor behaviors at the expense of the whole family and everyone around the afflicted individual. This has been a major dilemma for treatment providers who want to help but feel unable to work with an unwilling patient. Historically we have been told that a person will only respond to treatment once they are willing to engage and so everyone tentatively waits for them to reach rock bottom. We disagree. Our Sober Intervention process works in conjunction with the family confronting their own enabling behaviors and using love, honesty and boundaries we guide them through a process that is effective immediately over 90% of the time, to bring about willingness in the afflicted individual to accept help right here, right now, on our terms. This presentation explains in more detail the problem facing families whose loved ones don't want to accept their condition and this presentation guide through the 7 stages of a successful addiction intervention, and shows using love, honesty and boundaries to produce the willingness in the addict to accept help and move towards permanent recovery.

Biography

Ian Young is a charismatic speaker, with a natural talent of being a positive, uplifting and thought shifting influencer. He is the Founder of two very successful residential rehabs in the UK, before starting Sober Services in 2008; pioneering Sober Companions and emerging as the leading Sober Interventionist across the UK, Europe, Africa and the Middle East.

ian@sober-services.com