

5<sup>th</sup> International Conference and Exhibition on

# Addiction Research & Therapy

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## The silent partner of addiction

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Trauma can often be under-diagnosed and left untreated. Many of the clients coming in to treatment have some traumatic experiences. Complications arise when multiple disorders that are related to or stem from trauma, are left untreated.

Trauma symptoms are often hidden under the top five parity diagnoses that clients come in for, and their trauma has not been treated. Gaining the knowledge of trauma-related symptoms and diagnoses that are often overlooked will better equip the clinician to: work with a more extensive milieu of clients and diagnoses; find the trauma in their clients' symptoms; treat trauma and see better outcomes in their clients.

This presentation will provide a deeper grasp on the concept and disorder of trauma and how that impacts all other disorders. Learn tools to build a more intimate relationship with clients allowing deeper work. Learn effective methods for accessing and promoting the release of the blocked emotions associated with trauma.

## Biography

Gina Tabrizy is a licensed MFT with over twenty-eight years of extensive experience specializing in addiction, trauma, dissociation, and codependency. She's the cofounder of Harmony Heals Holistic Counseling Center and the clinical director of Harmony Heals Detox. Gina has appeared on Local and National Television Programs, such as Montel Williams, speaking about the impact of Childhood Trauma/Abuse and Addiction in Families. Gina has also been a guest on several talk radio programs. She has presented at the National Conference on Codependency and given hundreds of Corporate and University lectures. Her specialties include E.M.D.R., Certified Hypnotherapist, Director of Psychodrama, Inner Child Work, and P.I.T. ( Pia Melody Training). She also acts as a part time Professor at Cal State Long Beach.

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