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Rebonding of the Body is a multimodal technique designed to reintegrate disassociate parts

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Persons who have experienced trauma are at greater risk for both mental and physical health problems including PTSD and substance abuse. Both trauma and substance abuse make neurohormonal changes in the body which make it difficult for individuals to recover. Rebonding of the Body is a multimodal technique designed to reintegrate disassociate parts, feelings and memories in person who have suffered trauma. This technique is known to be helpful in recovery from both of these conditions. It is an individual technique that is primarily offered in a group support system and consists of eight 3 hour sessions.

This workshop is intended for experienced therapist and or researchers so that they might experience how powerful these techniques are, they should dress in clothes that are comfortable to move around and be prepared to participate. This workshop is two and a half hours long and for attendees who participate in this workshop and provide feedback afterward will have access to an e-training manual.

Biography

Deanna's expertise is in evaluation and her passion is improving the health and wellbeing. Her open and contextual evaluation model based on responsive constructivists creates new pathways for improving health care. She has built this model after years of experience in research, evaluation, teaching and administration both in hospital and education institutions.

The foundation is based on fourth generation evaluation (Guba & Lincoln, 1989) which is a methodology that utilizes the previous generations of evaluation: measurement, description and judgment. It allows for value-pluralism. This approach is responsive to all stakeholders and has a different way of focusing.

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