We will start with a histological reminder of the GIT membrane and its constituents. We will then talk about the GIT as immunologic membrane = GALT. We will review the consequences of so-called diseases of civilization (intolerances, allergies, MIC). Then we will talk about the immune response, the differentiation of lymphocytes, the secretion of IgA, auto-immunes, the interest of pre-biotics and pro-biotics, the existing relationship between pro-biotics and immunity. As a conclusion: “The vital importance of the good functioning of the GIT for the well-being of our patients.”

Biography
Jean-Marie Poffé got his pharmacist degree in 1976 at UCL (Brussels). In 1977, he obtained his certificate of pharmacist specialized in clinical bacteriology. For 20 years he have practiced the profession of pharmacist in his own pharmacy. Later he did specialization in nutrition and micro-nutrition, and From 2005, he had started his consultations.

jean-marie.poffe@brutele.be