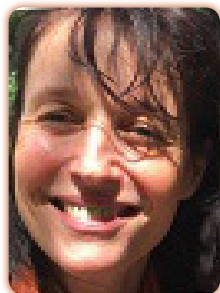


10<sup>th</sup> World Congress on

# ALZHEIMER'S DISEASE & DEMENTIA

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## *Benedicte Defontaines*

*Hospital Center De Moze, France*

### Evaluation and care for patients with cognitive disorders with remote consultation: A holistic approach

Currently, approximately 46.8 million people live with dementia in the world, and the latest predictive patterns foresee 135 million in 2050. The needs of the patients, along with those of their relatives (who face co-morbidities) and the consecutive costs bring this issue to the forefront as a social emergency. The Aloïs network has modeled an innovative ambulatory process allowing subjects to get a diagnosis, an adapted and graduated care in order to delay the occurrence of dependency. Since 2014, leaning on the development of new technologies, we have modeled a set of procedures enabling any subject to access, no matter their geographic - regarding medical deserts - or economic situation - social rates. The procedure, intended for medical deserts, expatriates and French Overseas Territories inhabitants, basically offers three types of services: For general practitioners: training and equipment sessions are organized to enable them to detect patients with cognitive complaints; For patients: diagnostic examinations including a neuropsychological assessment by teleconference; for patients and their relatives/caregivers: psycho-education sessions have been set-up. Alongside, a study is currently ongoing, aiming to validate the tele-consultation model. The first results demonstrate a good consistency between a classical face to face and teleconference situation. This validation allows us to extend the current model.

### Biography

Benedicte Defontaines has completed her MD degree, Advanced degrees in Biochemistry, Neurology and Neurosciences. In 2004, she created the Aloïs network, a new community-based pathway for the diagnosis and care of patients with cognitive disorders fully complementary to the existing system but more flexible and less traumatizing for patients and less costly for the state.

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### Notes: