## 5<sup>th</sup> International Conference on Alzheimer's Disease & Dementia

September 29-October 01, 2016 London, UK

## Managing behavioral disturbance with the dementia client through Person-centered care model

Claire Henry Lourdes Memory Center, USA

**Background:** Person-centered care models regarding dementia care has demonstrated positive outcomes for behavioral disturbance. However, leadership, guidance and training on bringing this model into practice is lacking in our health care delivery system. The intent is to increase awareness and understanding about person-centered care for people with dementia. Discusses the complex needs of people with dementia, leading to compromised behavioral symptoms. Discussion includes sleep-wake-cycle disturbance, verbal outbursts and aggression. Further discussion encompasses evidence based outcomes with the use of Person-Centered Care that focuses on preserving the "personhood" of the individual.

**Objectives:**The learner will understand the role of Person Center Care for the dementia client. The learner will identify the difference between Person Centered Care and Task Centered and the significance of moving towards a Person Centered Approach to dementia care. Learners will develop necessary tools to manage challenging behaviors, and how Person Centered Care model can directly impact escalation of behavior symptoms. Learners will recognize that all behavior is a form of communication. The learner will develop necessary skills on communication techniques with the dementia client.

## **Biography**

Claire Henry, Lourdes Memory Center Director whose aim is to enhance the quality of life for those individuals with Alzheimer's and other related behavioral diseases. Responsibilities include managing and coordination of all staff within the memory care unit; evaluating clinical service functions to provide optimum care for each individual resident within the Lourdes Center. Emphasis has been on developing partnerships with families and creating tailored resident care profiles which promotes the highest quality of care for each resident. Functions as an accomplished healthcare educator with demonstrated ability to teach, motivate clinicians, physicians and educators, while maintaining high interest and achievement. Articulate communicator who effectively interacts with diverse populations of healthcare professionals at a variety of academic levels.

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